

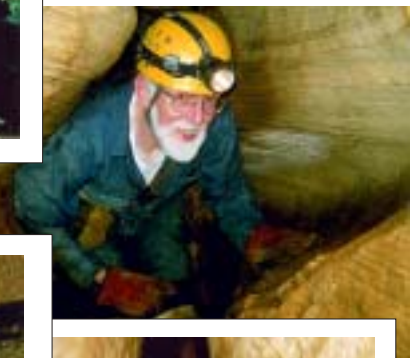
A monthly publication of Columbus Outdoor Pursuits

# COLUMBUS OUTDOORS

JANUARY 2005

[www.outdoor-pursuits.org](http://www.outdoor-pursuits.org)

VOLUME 45 No.1



*Columbus Outdoor Pursuits is a volunteer-based, participatory organization created to provide opportunities and education for outdoor recreation and activities*  
TOSRV GOBA Bicycling Whitewater Boating Caving Rock Climbing Backpacking Skiing Hiking Inline Skating Education



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 Tour of the Scioto River Valley: [www.tosrv.org](http://www.tosrv.org)  
 Great Ohio Bicycle Adventure: [www.goba.com](http://www.goba.com)

This newsletter is published monthly by Columbus Outdoor Pursuits as a benefit of membership. Columbus Outdoor Pursuits offers outdoor recreation, education, and inexpensive travel to all people, regardless of race, creed, or religion. Columbus Outdoor Pursuits is a non-profit, nonpolitical organization exclusively for charitable and educational purposes and is dedicated to greater understanding of the world and its peoples.

#### MEMBERSHIP

For membership information, contact the office at the phone number or email address shown above. Membership forms are also periodically printed in this newsletter and are also available on our website.

#### ADVERTISING

Commercial advertising is accepted. However, content must be "substantially related" to our mission. Your ad must be approved before it is submitted. Contact the Editor for more information.

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January 2005 • Volume 45 • Issue 1

*Jack is COP's Bicycling Activity Leader*



# Pacelines

**Jack Hornsby**

The Winter Century Ride Series is under way with excellent results. And, thanks to the weather, good turnouts. These rides are offering routes from 40-50 miles up to 100. Our recent ride from London on the Ohio to Erie Rails-to-Trails was an excellent introduction to trail riding.

Speaking of the trail, I recently spent a day with the Friends of Madison County Parks and Trails. I learned of their efforts in clearing the right of way and fund raising to complete the trail through Madison County. I also was given a tour of the current construction on the trail from the east side of London to Wilson Road near Lilly Chapel. This will bring the trail near the Franklin County line where it is to connect with the planned Battelle-Darby Creek Metro Parks along the Camp Chase Railroad. This London to Wilson Road section is scheduled to open as a hard packed gravel trail in January 2005. Grant applications and fund raising are underway to provide paving during 2005.

Check the FMCPT website ([www.fmcpt.com](http://www.fmcpt.com)) for the latest news and pictures.

I recently attended the annual DK Holiday Dinner with over 100 other central Ohio bicyclists. Ed Honton was recognized at the dinner for all his work done on bike trails throughout Ohio. I continue to be amazed and impressed by the amount of bicycling related accomplishments by Ed. Ed was largely responsible for designing the COP bike maps now on sale. He was also the designer of the state bike maps now out of print. Prior to retirement, in the late 80's, Ed was the engineer in charge bicycling for the Ohio Department of Transportation. He joined the DOT after being an engineer for Franklin County. I also learned that Ed had accomplished a goal, several years ago, of riding 10,000 miles in one year.

I would very much like to publish riding accomplishments by other COP bikers. Contact me with your mileage for 2004 or interesting biking trips and tours.

We, at COP are thinking about doing an end-of-season fall weekend family tour similar to GOBA. I would be happy with any input you could provide me as to organization, location, routes, and etc. for such a ride.

E-mail me at [bicycling@outdoor-pursuits.org](mailto:bicycling@outdoor-pursuits.org) or call 614/877-3085 with your comments or suggestions.

*Jack Hornsby is COP's Bicycling Activity Leader*



*Unidentified participant pops up through a hole*

**All caving photos in this issue were provided by Sheila Sands. They are from the Jarvie Roake's Cave trip on December 4, 2004.**

*Sheila Sands taking a break*



# What Is Caving?

**Pete Rogers**

*Pete Rogers, at left, is a long-time COP member, caving and hiking trip leader and our current Hiking Activity Leader*

By now, all of you have seen cave trips listed in the newsletter, many have considered, and some have actually gone caving. I'll try to fill the rest of you in on what you are missing.

Caver or Spelunker? You should know that people who explore caves call themselves cavers, not spelunkers. That term is reserved for ama-

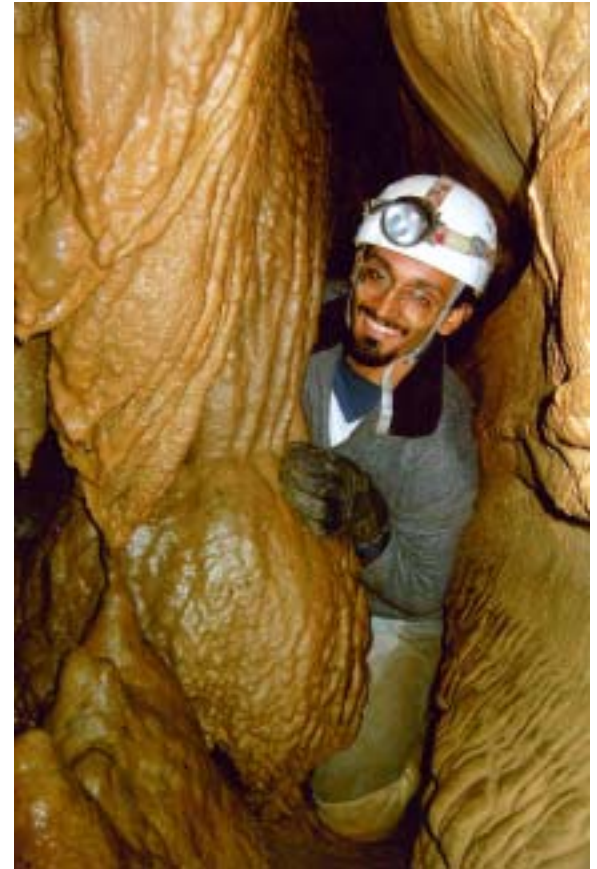
teurs with one flashlight for three people. We carry at least three sources of light for each person. Cavers rescue spelunkers! We liked to be called cavers and what we do is caving.

So what is caving? you ask. David McClurg in his book *Adventure of Caving* defines caving as exploring, studying, and conserving our underground wilderness...where the thrill of discovery and the challenge of an often-hostile environment are deeply satisfying. It's also fun and good physical exercise. Columbus Outdoor Pursuits offers anyone interested that opportunity to share the caving experience. We offer not only a variety of beginner trips for first timers, but also an occasional class for those wanting pre-trip instruction.

But isn't it dangerous? As in any adventurous activity, you must be careful. We are happy to say, we probably have the safest record of any COP activity. No one has ever been seriously hurt. This can be attributed to the excellent trip leaders and training COP offers its members. In the last several years Sheila Sands, the caving activities leader, has over seen the replacement of the old caving gear with new expedition quality gear. This includes Petzl helmets and lights; Lost Creek cave packs and new kneepads. This equipment is available for rental for a small fee.

Where do we go? Recently, most of our beginner trips have been in Carter county Kentucky. With only a three-hour drive from Columbus, this makes an excellent day trip. In the past several months, Greg Karoly, Rick Hoehstetter, and Allan South have all lead trips in this vicinity. We have had a wide variety of people participate including families, many first timers, and many returning for their second and third trip. Also on the trips were well-seasoned cavers including Bill Smith who drove over from Pennsylvania. We occasionally venture to West Virginia and Tennessee for weekend trips.

For caving trips, we allow only experienced leaders; if you are a member with caving experience and are considering leading a trip, please contact Sheila Sands, the caving chair. The caving program epitomizes the Columbus Outdoor Pursuits mission of a volunteer based organization proving opportunities and education for outdoor recreation and activities. We look forward to you joining us on our next cave trip.



## SUBMISSION GUIDELINES

Newsletter submissions are always encouraged and welcome each month; however, all submission content must substantially relate to our mission. Submissions may be checked for spelling/minor errors and edited for space constraints; however, the Editor will NOT verify content and accuracy- double check your submissions before sending. The Editor may also make stylistic format changes (e.g., color, font, size, bolding, etc.) at her discretion. Additional guidelines for submissions follow and are published at <http://www.outdoor-pursuits.org/main/news/misc/NewsletterSubmissions.pdf>. The Editor reserves the right to reject or postpone publication any item received after the posted deadline.

## GENERAL ARTICLES AND PHOTOS

These submissions must be received by the Editor by 11:59PM of the 5<sup>th</sup> day of the preceding month.

## ACTIVITY SCHEDULE ITEMS

These submissions will only be accepted from either Activity Leaders or by appointed Schedule Coordinators for the activity, as listed below. Schedule Items must be received by the Editor by 11:59PM of the 5<sup>th</sup> day of the preceding month.

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CAVING	Sheila Sands	937/644-9152	caving@outdoor-pursuits.org COP Caving in subject line
CLIMBING	Tom Lester	740/927-8106	tlester@megsinet.com
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INLINE SKATING & WINTER ACTIVITIES	Glenn Beachy	614/268-4904	winter@outdoor-pursuits.org

## CLASSIFIED ADS

Columbus Outdoor Pursuits members may place 2 classified ads/year of 60 words or less, free of charge. Please limit content to equipment buy/sell ads. Include your name and membership number when submitting your ad. Classified must be received by the Editor by 11:59PM of the 5<sup>th</sup> day of the preceding month.

## COMMERCIAL ADS

Commercial advertising is accepted, but must be "substantially related" to our mission. Please contact the Editor for information on rates and approval of advertisement content. The deadline for advertisements and payment is the 5<sup>th</sup> day of the preceding month.

## SEND MATERIAL TO (in order of preference)

- 1 EMAIL editor@outdoor-pursuits.org
- 2 DELIVER 1525 Bethel Rd (office, call 614/442-7901 first)

3 MAIL Columbus Outdoor Pursuits  
 Attn: Newsletter  
 PO Box 14384  
 Columbus, OH 43214-0384

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# The 17th Great Ohio Bicycle Adventure

Saturday, June 18, through Saturday, June 25, 2005

Findlay - Tiffin - Port Clinton - Elmore - Upper Sandusky - Findlay

**Julie Van Winkle**  
GOBA Director

GOBA is cooking up a week of challenges, camaraderie, and camping, and you're invited! Join 3,000 cyclists as you explore the best that North Central Ohio has to offer. Tune up your bike and tune up your legs for a week of hometown welcomes, captivating museums and nature preserves, and entertainment created just for GOBA. Sign up the family, pack your tent and stir up your sense of Adventure.

## Highlights

- A fun-filled tour that includes the magic vistas of Lake Erie
- 5 days of cycling 45-55 miles from town to town
- and 2 days of optional loops
- Terrain: from flat to rolling...flatter than 2004
- Estimated mileage for the week: minimum: 250...maximum: 400
- Primitive tent camping at a mixture of fairgrounds and schools
- Opening Day bicycle parade and costume contest

## Saturday, June 18: Findlay

- Check-in at GOBA headquarters, Hancock County Fairgrounds
- Come in the afternoon and immerse yourself in the Hancock County Historical Museum and log cabin
- Then, steep yourself in the ambiance of a quaint tea room
- Cruise in to town with the old cars...a show you won't forget!

## Sunday, June 19: Findlay to Tiffin

- Into the heartland of Ohio, set off for your week of Adventure
- Bask in the warm welcome in Fostoria
- Come on into Tiffin and rest a spell...you'll have plenty of time to explore from your "home" base at the Seneca County Fairgrounds.
- The Bob Evans Restaurant and downtown are just around the corner.

## Monday, June 20: Tiffin (layover day with options)

- Don't miss the Tiffin Glass Museum, celebrating over 100 years of glass-making, the 1928 Ritz Theatre, the beautiful campuses of Heidelberg College and Tiffin University, or the refreshing swim at Hedges-Boyer Park
- Or you may want to bike the 50 or 100-mile loop to Seneca Caverns and beyond.

## Tuesday, June 21: Tiffin to Port Clinton

- Meander along the mellow Sandusky River
- Visit the "World's Largest Sulfur Springs" in Green Springs (if you dare!)
- Pay homage at the serene estate of the Hayes Center in Fremont
- Come to rest at Port Clinton on the lake.

## Wednesday, June 22: Port Clinton (layover day with options)

- Take a snooze on the beach or a walk in the park
- Check your email at the library
- See your way to the Marblehead Lighthouse
- Ferry out to an island for history or shopping or simply relaxing
- Or sign up for the bus trip to Cedar Point, for a different brand of excitement.

## Thursday, June 23: Port Clinton to Elmore

- Marshland and wildlife refuges provide counterpoint to the cornfields - Stop awhile and admire the bird-life of Ohio
- But, don't be late for supper in Elmore...the whole town is waiting to meet you
- Save time for Schedel Arboretum, the crown jewel of area gardens

- And you just can't miss the party downtown, featuring the historic Elmore Train Station and Log House.

## Friday, June 24: Elmore to Upper Sandusky

- Today, you might enjoy a morning swim at White Star Park or a berry muffin from the Ideal Bakery...or both!
- Then, head to Upper Sandusky, host town for GOBA in 1996, and eagerly awaiting your return
- The ever-popular Song Contest will remind you of your last night at camp (it is!)

## Saturday, June 25: Upper Sandusky to Findlay

- Put your bags on the luggage truck, fill up with the last pancake breakfast, then set your sights for Findlay
- Congratulate yourself and bask in the thrill of your week's accomplishment...that's what GOBA memories are made of!

## GOBA Fees

COP Members (16 years & up) - \$125

Non-Members (16 years & up) - \$145

Children (6-15 years, must be accompanied by responsible adult) - \$80

GOBA registration includes primitive tent camping. Expect additional costs for food, other lodging, optional side trips, and some activities.

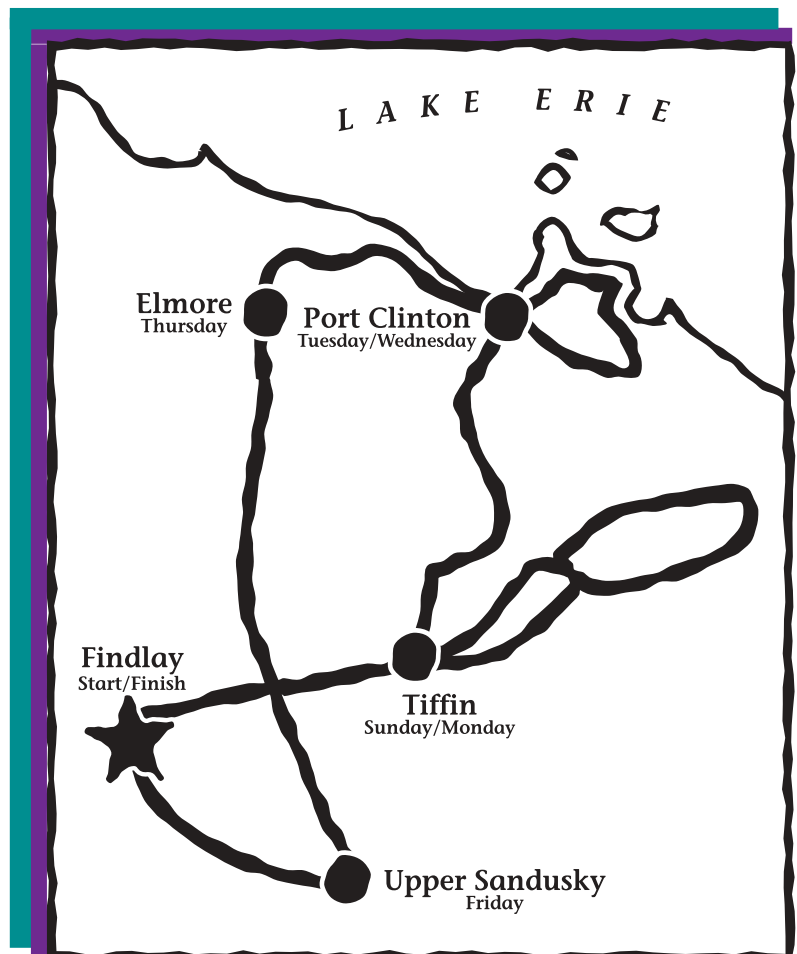
## Registration Deadline

May 18, 2005

## Additional Information

Additional details and application are available through [www.goba.com](http://www.goba.com), or 614-273-0811, or GOBA, P.O. Box 14384, Columbus, OH 43214-0384. Brochures will also be available in the spring in Ohio Bob Evans Restaurants and selected bicycle shops.

Don't miss out...sign up now and come along for the ride!





*The first riders are on their way*

The London Rail Trail ride was a big success. This was the second event of the Winter Century Series organized by Bob Waddell. 18 riders came out to ride the trail from London to Xenia and 10 of those ventured on to Fort Ancient to complete the 104 mile route except for one unfortunate soul that blew the side out of a tire on the way back through Xenia and had to call for a sag. Several participants expressed that it was enjoyable despite the chilly start and headwinds on the return. Wayne Roberts, President of the Friends of Madison County Parks, and two other officers of the organization came out to see us off. They are very proud to have the rail trail completed into London. It will later continue eastward to Battelle-Darby Metro Park in Franklin County. Thanks to their efforts to complete the trail, members of the community have a place to ride, walk, run and skate without the worries of traffic.

The ride commenced at 8:30 am & headed southwest through South Charleston, Cedarville, Xenia,



*Eve Hush, Bob Waddell, Katie Stierman, Dave Roderick & Randy Brownfield taking a breather at Xenia Station. Photo courtesy of Bob Waddell*

# Winter Century Ride Series

**Bob Waddell**

Spring Valley and Corwin to Fort Ancient where the group turned to head back to the start. No one insisted on climbing the 260 foot hill to the park where American Indians constructed 18,000 feet of earthen walls some 2000 years ago. The scenery varied from open farmland to the valleys of the Little Miami River. Several eateries along the route were closed down for the season, but a short detour off the trail into downtown Waynesville provided a nice meal for riders doing the long route. Eight of the bikers chose to do a shorter option and turned around at Xenia or Spring Valley. There were no worries about having hills to climb, but riding on the flat terrain didn't allow a chance to rest on the downhill. Winds out of the northeast also provided an additional challenge on the return.

Bob will continue to provide the opportunity for group rides on Saturdays throughout the winter months as long as the road conditions will allow safe travel. In addition to the 100-mile routes, shorter mapped options are available for folks that want to get home early and cozy up to the fire.



*Bikin' Bob Waddell. Photo provided by Jack Hornsby*

**Photos courtesy of Friends of Madison County Parks and Trails unless otherwise noted.**



*Riders pose for a group shot before departure.*



*The temperature was 37 degrees at the start, and riders were dressed accordingly.*



*Long time leader, Jet Thomas*

**Janice "Jet" Thomas**

## Millersport 2004 Corn Festival Ride Sept 4th

Al Moore and Janice "JET" Thomas led another good Corn Festival Ride. It was a crisp cool morning with no wind. Other years it has been hot and humid. We had around 25 people participate in the ride. Normally we have a good turn out, however attendance was down due to the Ohio State Football game and also another roving ride event. The ride left from Bloom Carroll High School due to the road congestion from Groveport. This was a new route that was first done the previous year. Last year it rained and we had a very

small turn out. Everyone one enjoyed the new route, which went into Perry County for the first time. The route was longer before the festival to work up a good appetite for the corn and all of the other good food. We had some rolling hills and some nice scenery. The route was a shorter and flatter back to Carroll. Some of us stopped at Weldon's Ice Cream Company for some good ice cream. As in years past, the route was marked with yellow corn to mark the way to the festival and back.



### ATTENTION BICYCLING LEADERS

Please submit all bicycling activities to be included in the newsletter schedule to Bob Waddell at [bikinbob@columbus.rr.com](mailto:bikinbob@columbus.rr.com) or contact him at 614/871-7965. All new ride leaders must first obtain approval for rides from the Bicycle Activity Leader: Jack Hornsby 614/877-3085 or [bicycling@outdoor-pursuits.org](mailto:bicycling@outdoor-pursuits.org). The deadline for additions or changes is the 1st of the month.



## Bicycling

Leader: Jack Hornsby 877-3085 [bicycling@outdoor-pursuits.org](mailto:bicycling@outdoor-pursuits.org)

**STARTING TIMES:** Times listed indicate when the ride rolls out of the parking area. Please arrive early enough to depart at the prescribed time. Note that rides are listed in three categories below:

- Weekly Recurring Group Rides Listed by Day of Week
- One Time Group Rides Listed by Date
- Annual Budget & Special Tours Listed by Date

### GROVEPORT • SUNDAYS

January 2, 9, 16, 23, 30, February 6, 13, 20, 27  
9 AM. Class B, C. Miles will depend on weather, usually 25-35 miles, brunch always.

Meet at Groveport Freshman School (Hamilton Road south from 70 or 33, turn left (east) on Main/Groveport Road through town.) Jim will lead the B group, Dick will sweep at C.  
Jim Wakefield 614/309-2962  
Dick Seebode 614/235-7669

### NORTHWEST WINTER RIDE • SUNDAYS

January 2, 9, 16, 23, 30, February 6, 13, 20, 27  
9 AM Class B, C. 40-60 miles, depending on weather.  
Meet at Avery Park, north parking lot, just south of Brand Road, near the water tower. We'll ride a comfortable pace and stop to warm up and have brunch.  
Steve Barbour 614/457-6656

#### COP RIDER GUIDELINES

Please review these guidelines if you are new to COP rides. By choosing the correct pace and arriving prepared, you will help ensure our rides are as safe and fun as possible for everyone.

#### SAFETY

A CPSC, ASTM, or SNELL approved helmet is required on all COP rides. Other recommended safety items include a rear-view mirror, a rear flasher, and bright, visible clothing. Cyclists under age 18 must have written permission and the liability waiver release signed by a parent or guardian. *For safety reasons, children two and under are not permitted on COP rides.* Please respect the laws of the road and rights of other road users.

#### PACE

All COP bicycle tours are "open" paced events, with maps and road markers provided; however, the tour organizer does not specifically accompany the riders. COP day rides have designated leader(s) at one or more paces, and only maps are provided. The ride leader will accompany the group in the manner that best supports the entire group, not an individual rider. *COP highly recommends that you contact the ride leader if you have any questions about the ride/tour.*

Pace classes are intended to give a rough idea of the common "riding" speed of the group, rather than the average speed. Completing a century ride (100) miles in 5 hours indicates a mathematical average of 20 mph, but the common riding speed to required to complete this ride in 5 hours can easily be in the mid-20s. Variables such as wind, hills and time off the bike can greatly detract from an average, as it is a time-based figure. The speeds listed below refer to common "riding" speeds.

### LICKING COUNTY • TUESDAYS

January 4, 11, 18, 25, February 1, 8, 15, 22  
9 AM Class C, All riders are welcome.

Don't look at the calendar; look at the weather, dress up, and ride! Scenic rural roads, eat, socialize. Distance depends on wind and weather (0 to ? miles). Minimum temperature to start is 30 degrees. Brunch always. Meet at the east end of down town Pataskala parking lot at RR tracks on Rt 310 (Main St), 1/2 mile S. of Rt 16.  
Dick Seebode 614/235-7669  
Dave Knight 614/284-4087

### WORTHINGTON • WEDNESDAYS

All Year

9 AM Class C, D.

Meet at the Wilson Bridge entrance to the Olentangy River Bike Path, in the upper level parking lot. Destination to be determined at the start of the ride. New and beginning riders welcome. Cost: money for food. We meet for breakfast if we can't ride due to weather.  
Gail Falkinburg 614/861-4478

### ONE TIME (NON-RECURRING) GROUP RIDES LISTED BY DATE

#### SATURDAY JANUARY 1 •

New Year's Day at Hilliard Rails to Trails  
11:00 AM

Start out the New Year right. Join us at the Hilliard Rails to Trails to ride to either to the Dutch Kitchen or Der Dutchman (whichever one will be open). Buffet or Salad will be served.  
Tom Davis 614/876-8491 [tnttandem@aol.com](mailto:tnttandem@aol.com)

**A 19-23 MPH:** our fastest pace. Licensed racers frequently attend these rides, which might be listed as A+ rides in this schedule. Be prepared to maintain this pace over 30-50 miles on a weeknight ride, and 60-100 on a weekends. Stops typically are few and short. Average speeds can be over 20 mph.

**B 16-19 MPH:** a fast recreational clip. The ride distances will be somewhat lower than the "A" group, and the stops can be longer and more frequent. Opportunities for regrouping will be more frequent.

**C 13-16 MPH:** an enthusiastic pace. Many of our longer-distance riders ride in this pace range. The mood will be less competitive and more social. Groups will tend to stay together more, but the riding will still be consistent. The routes often avoid the hilliest options.

**D 10-13 MPH:** a very social pace. Riders can be experienced, or fairly new, but are usually familiar with the basics of cycling on the open road and in groups. Distances are modest, and often a meal stop or sightseeing is involved.

**NR:** no designated speed. These rides are specifically oriented around introducing new riders to the sport. The pace will be dictated by those who attend, and often these rides are intended as an introduction to cycling. NR rides can use bike paths or roadways.

**DOWR:** Depending On Weather and Riders, usually for winter rides. This note in any ride listing indicates an "open" condition, and will usually be included with a pace class. The leader may choose to leave the pace, distance and destination to be decided by the group, so maps may not be included for these impromptu rides.

## SATURDAY JANUARY 1 •

New Year's Day - Groveport - Franklin County Perimeter Ride (*Winter Century Ride Series*)

9:00 AM (Wake up, all of you party animals) Class A & B. 103 miles (weather permitting)

flat terrain around the Franklin County perimeter. Shorter 60 mile route returns on Scioto Bike Trail, Groveport Rd and Three Creeks Park Bike Trail. Bring in the New Year with a commitment to fitness. Ride starts at Groveport Freshman School (Hamilton Road south from 70 or 33, turn left (east) on Main/Groveport Road through town. Late breaking info will be posted at <http://home.wideopenwest.com/~bikinbob/>

Bob Waddell [bikinbob@wowway.com](mailto:bikinbob@wowway.com) 614/871-7965

*Note that the following rides in January have changed since last month's newsletter.*

## SATURDAY JANUARY 8 •

Granville - Route TBA (*Winter Century Ride Series*)

9:00 AM Class A & B, C. 100 miles (weather permitting)

Meet at Wildwood Park on West Broadway in Granville, OH. The Park is located approximately one-half mile west of the center of town on Broadway.

Bob Waddell [bikinbob@wowway.com](mailto:bikinbob@wowway.com) 614/871-7965 Look for updated info at <http://home.wideopenwest.com/~bikinbob/>

## SATURDAY JANUARY 15 •

Hilliard-Bellefontaine - Route TBA (*Winter Century Ride Series*)

9:00 AM Class A & B. 100 miles

Meet at Brown Elementary School, 4.5 miles west of I-270 on Roberts Road at Walker Rd, SW of Hilliard.

Bob Waddell [bikinbob@wowway.com](mailto:bikinbob@wowway.com) 614/871-7965 Look for updated info at <http://home.wideopenwest.com/~bikinbob/>

## SATURDAY JANUARY 22 •

Alley Park (*Winter Century Ride Series*)

9:00 AM Class A & B. 100 miles (weather permitting)

of very hilly terrain. 56 and 76 mile options will also be mapped. Planned route includes Salem, Logan, Hocking Hills State Park. Take US33 2.3 miles southeast of Lancaster. Turn right on Stump Hollow Rd and immediately left on Old Logan Rd. Alley Park is about 0.3 miles on right. Sunrise 7:07 AM Sunset 5:24 PM

Bob Waddell [bikinbob@wowway.com](mailto:bikinbob@wowway.com) 614/871-7965 Look for updated info at <http://home.wideopenwest.com/~bikinbob/>

## SATURDAY JANUARY 29 •

London Rail Trail Ride (*Winter Century Ride Series*)

9:00 AM Class A & B, C. 100 miles (weather permitting)

of Ohio Rail Trails from London to Fort Ancient State Park. Meet at the trail head parking area at the Madison County Senior Center, 260 W High St (US42 West), London. Stop for food at Corwin/Waynesville before returning via the same route. Alternate food and turn around options are also available at Cedarville (42 miles), Xenia (58 miles) & Corwin (86 miles).

Bob Waddell [bikinbob@wowway.com](mailto:bikinbob@wowway.com) 614/871-7965 Look for updated info at <http://home.wideopenwest.com/~bikinbob/>

### Announcement:

The Dutch Kitchen will be changing  
its name to  
Der Dutchman Countryside

## SATURDAY FEBRUARY 5 •

Grove City-Chillicothe Ride

(*Winter Century Ride Series*)

9:00 AM Class A & B. 100 miles (weather permitting)

of various terrain to Deer Creek Lake, Chillicothe, Great Seal State Park, & Circleville. Also shorter route options to Circleville (48 miles) or Kingston, (86 miles) will be mapped. Meet at SE corner of Buckeye Grove Shopping Center parking lot, intersection of Hoover Rd and Rte 665 (London-Groveport Rd). Food opportunities at Deer Creek, Chillicothe and Circleville.

Bob Waddell [bikinbob@wowway.com](mailto:bikinbob@wowway.com) 614/871-7965 Look for updated info at <http://home.wideopenwest.com/~bikinbob/>

## SATURDAY FEBRUARY 12 •

Canal Winchester-New Lex-Buckeye Lake

(*Winter Century Ride Series*)

9:00 AM Class A & B. 100 miles

of various terrain to Lancaster, Bremen, New Lexington, Mt Perry, Thornville & Millersport. Also shorter route options through Lancaster, Bremen and Millersport (55 or 70 miles) will be mapped. Meet behind Huntington Bank at 37 South High Street, Canal Winchester. Take 33 South (east) toward Lancaster. Turn right on High Street in Canal Winchester. Turn left into the public parking lot.

Bob Waddell [bikinbob@wowway.com](mailto:bikinbob@wowway.com) 614/871-7965 Look for updated info at <http://home.wideopenwest.com/~bikinbob/>

## SATURDAY FEBRUARY 19 •

Battelle-Darby - Plain City

(*Winter Century Ride Series*)

9:00 AM Class A & B. 100 miles (weather permitting)

of flat terrain to Plain City-Urbana-S Charleston-London. Also shorter route options through Plain City and London (54 & 64 miles) will be mapped. Meet at Battelle-Darby Metro Park, Darby Creek Rd (southwestern Franklin County) From I-270, take the W. Broad St. (U.S. 40) exit west. Go about 5 miles on Broad St. and turn left on Darby-Creek Dr. Main entrance is about 3 miles on the right. Look for updated info at <http://home.wideopenwest.com/~bikinbob/>

Bob Waddell [bikinbob@wowway.com](mailto:bikinbob@wowway.com) 614/871-7965

## SATURDAY FEBRUARY 26 •

Circleville-Paint Creek Lake SP (*Winter Century Ride Series*)

9:00 AM Class A & B. 100 miles (weather permitting)

of various terrain to Greenfield - Paint Creek Lake - Bainbridge - Chillicothe - Great Seal State Park. Also shorter route options through Frankfort and Chillicothe (54 & 61 miles) will be mapped. Meet at Circleville High School, 388 Clark Drive, Circleville. Look for updated info at <http://home.wideopenwest.com/~bikinbob/>

Bob Waddell [bikinbob@wowway.com](mailto:bikinbob@wowway.com) 614/871-7965



Group photo at the start of the November 13th Winter Century Ride



Activity SCHEDULE



**Remember to bring your current Columbus Outdoor Pursuits activity card to all trips and events.**

Memberships may be obtained from the COP office by calling 614/442-7901, or via email, office@outdoor-pursuits.org.

If you have any questions about the Columbus Outdoor Pursuits trip program, contact the appropriate Activity Leader. If you have questions about a particular trip, call the leader listed with the trip. To maintain the high quality of all organization trips, you are encouraged to submit comments or suggestions, to the appropriate leader and participate in our numerous schools.

**Need to renew?**

Membership renewal notices for Columbus Outdoor Pursuits will be sent by the office. If you want to be a member of Columbus Outdoor Pursuits but your membership has expired and you haven't received a renewal notice, please fill out the membership application on the inside back cover of the newsletter and send it with a check made payable to Columbus Outdoor Pursuits.

**Moving?**

The Post Office will not forward Non-Profit rate mail. Please send your new address to the Columbus Outdoor Pursuits office at: P.O. Box 14384, Columbus, OH 43214-0384.



# Backpacking

Leader: Kim Hiser 740/666-1509 backpack@outdoor-pursuits.org

## ANNS ALMOST ANNUAL POTLUCK

Saturday January 22nd 6pm

Time for food and fun with friends. Bring some food, stories, pictures slides and dreams to share. 349 S Powell Ave (1 block west of Hague, 5 blocks south of W. Broad Street.)

Ann Gerckens splat@iwaynet.net or 614. 351.5135

## CANYONLANDS NATIONAL PARK

April 14-24

6 days of backpacking interspersed with 3 for day hikes, will enable us to see many of the highlights of this magnificent high desert park in the heart of slickrock country. We'll explore both the Island District with its expansive vistas set high above the confluence of the Colorado and Green Rivers, and the Needles District with its distinctive rock spires and maze of canyons. Cost: Around \$300 plus transportation to Salt Lake City or Moab. Mileage will be moderate, but we need to carry extra water so our packs will be on the heavy side. Expect some scrambling on the steeper slickrock sections.

Doug Kitchen 614-442-6947 dougkitchen@msn.com

## PACIFIC CREST TRAIL, SOUTHERN CALIFORNIA

April, dates approx. 9-23rd (to be determined later)

April is still winter there, so as usual, I will be sketching out several options, and not picking the exact one until the last moment. Approx. 8 days of backpacking (no resupply!) Low desert sections will require carrying extra water. High alpine areas will require that we carry and know how to use ice axes and crampons. COP will try to set up a training session in March, but cannot promise at this time. Moderate to low mileage. Expect to spend @\$600 by the time you buy a plane ticket to L.A., ground transportation, motels and meals.

Ann Gerckens splat@iwaynet.net 614.351.5135



## Caving

Leader: Sheila Sands 937/644-9152 caving@outdoor-pursuits.org

### SHARPS CAVE, WV

Feb 18-20

Enjoy a day caving in West Virginia. We will head down on Friday night after work. Plan on staying in a cabin at Watoga State Park, cave all day Saturday. Expect to be in the cave 6-8 hours and drive back home on Sunday. Meals will be prepared in the cabin, you will need to provide your own cave lunch on Saturday. Cave equipment can be rented for a nominal fee. We will share the cost of cabin, food & gas. A deposit of \$50.00 is required by February 4. Space is limited.

Contact: Pete Rogers hiking@outdoor-pursuits.org or Sheila Sands 614/ 418-5156 (leave message).

### MONTHLY PROGRAM MEETING - CAVING

January 18 7pm

If you are a caver or just interested in caving please join us for an annual caving meeting. The program will discuss caving issues and feature a slide show. Light refreshments will be served. Meeting location is at the COP office: 1525 Bethel Rd.

Sheila Sands 937/ 644-9152 caving@outdoor-pursuits (in subject must put: cop caving)



## Hiking

Leader: Pete Rogers 873-1530 hiking@outdoor-pursuits.org

### OLD MAN'S CAVE

New Years Day January 1, 2005 10am

Join us for the Columbus Outdoor Pursuits Annual New Year's Day Old Mans Cave Walk. This first hike of the new year, lead again by John Lunn, has become quite a tradition. It is always one of the most attended walks of the year, so don't be left out. This is a beautiful hike anytime of the year, but especially enchanting in winter. We are sometimes even treated to spectacular frozen water falls. We usually walk about 6 miles. Bring your own lunch and water. If the weather is bad, be prepared for ice on the trails. Meet at the Old Mans Cave parking lot at 10:00am

John Lunn (740)969-4836

### GLACIER RIDGE

Saturday, January 8th 10am

How appropriate, a hike to a glacial ridge in the middle of winter? Join Sheila Sands for a winter walk in one of our new Metro Parks. This is a flat paved trail. Dress warm and wear footwear with good traction if it is icy. Meet at the shelter house in the North parking lot at the North entrance of Hyland Croy Road. Bring a water bottle. Meeting time: 10:00

Leader: Sheila Sands

Hike information: contact Pete Rogers peterogers152636@cs.com

## HIGHBANKS METRO PARK

Saturday, January 22 10 am

Join Ruth Rusk for a winter walk through the woods. This is a perfect opportunity to get out of the house and enjoy one of our great Metro Parks. Meet at the visitor center (first drive on right) at 10:00 am. We will walk until about noon and perhaps meet afterward for lunch at a nearby eatery.

Leader: Ruth Rusk (740)548-5348

email:ruthrusk@midohio.net



## Boating

Leader: Walt Taylor 351-3413  
boating@outdoor-pursuits.org

COP's volunteer leaders run these generally low budget and communitarian type trips; expect to pitch in and help. Costs are typically gas + food. If interested in trip leader training, contact the activity chair, Walt Taylor, at boating@outdoor-pursuits.org or 614/351-3413. For other trip info, call the leaders listed below. Note: Per new insurance rules, only COP members can participate on trips with Class III or greater whitewater.

## WINTER POOL SESSIONS -2005

### OPEN POOL SESSIONS

January 9, 16, 23, 30 (Sundays) 5:30pm - 7:30 pm

Westerville Recreation Center, 350 North Cleveland Avenue

Directions - From Columbus, exit I-270 at the Cleveland Avenue exit. Travel north on Cleveland Avenue. Approximately 1/2 mile north of Main Street (McDonald's at Cleveland and Main Street), you will see the Westerville Recreation Center on the right. The pool is at the north end of the complex.

Canoe and kayak pool time has been *tentatively* scheduled at the Westerville Recreation Center. Helpful, experienced paddlers are generally present at these sessions but no formal instruction is provided. Six club kayaks, with paddles and skirts, will be available for newcomers' use on a first come basis at no additional cost.

A clean boat, inside and out, is a must! Dirty boats will not be admitted into the pool complex - period! Help will be needed with lane lines, etc. Cost for each session is \$6 members and \$8 non-members.

### Again, the pool schedule is tentative.

Check [www.outdoor-pursuits.org](http://www.outdoor-pursuits.org), boater's message board (on the boating page) for updates.

## WHITewater KAYAK SCHOOLS

### KAYAK I SCHOOL

An introductory class focusing on whitewater paddling techniques, terminology, and basic safety may be offered this winter. Students will also learn how to wet exit from a boat in the upside down position! If you are hoping someday to paddle class III-IV water (i.e. the New River Gorge) this class will set you on the right course.

Cost: \$70 COP members or \$85 for non-members.

Contact person for school applications is Diane Larson at e-mail: [dnapcr13@hotmail.com](mailto:dnapcr13@hotmail.com) or 614-266-2507.

# ? Need a Boat ?

You can rent one from Columbus Outdoor Pursuits!

Whitewater kayaks, sea kayaks, canoes, duckies, and rafts are available. However, only COP members are entitled to rent our boats, and first priority is given to boating schools and trips. *Per new liability insurance requirements, COP membership is required for ALL individuals using our boats on Class III or greater whitewater.* Rental rates include necessary accessories. PFDs must be worn at all times while on or near the water; helmets are required to be worn at all times on Class II and greater whitewater. Renter paddling skills will be assessed as part of our safety process.

### RENTAL RATES

Old canoes (aluminum)	\$10 per day
New canoes (plastic)	\$15 per day
Whitewater kayaks	\$15 per day
Rafts (per seat) & duckies	\$10 per day
Sea Kayaks (solo or tandem)	\$25 per day, \$45 per weekend

### CONTACT

Rental requests need to be made well in advance (at least a week) of needing boats.

For sea kayaks, canoes, or inflatables contact:

John Lane 614/486-4548 [lane.30@osu.edu](mailto:lane.30@osu.edu).

For whitewater kayaks, contact:

Dave or Sharon Seslar 614/771-0679

[dseslar@rrohio.com](mailto:dseslar@rrohio.com) or [hsus@rrohio.com](mailto:hsus@rrohio.com)

## ESKIMO ROLL SCHOOL

Tired of wet exiting your boat? Learn how to roll your white water kayak with style. A low student to instructor ratio will help you on your way to mastering the roll -but no guarantees.

Cost: \$35 COP members or \$50 non-members.

*Dates and times have not been finalized for the Kayak I and Eskimo Roll schools.*

Contact person for school applications is Diane Larson at e-mail: [dnapcr13@hotmail.com](mailto:dnapcr13@hotmail.com) or 614-266-2507.

## FEBRUARY PROGRAM MEETING -BOATING

February 15, 2005 7pm

COP Office. 1525 Bethel Road, Suite 100. Come to the west side door and ignore the sign about visitors going to a different door.

Walt Taylor [boating@outdoor-pursuits.org](mailto:boating@outdoor-pursuits.org) 614/351-3413

# Classifieds

### FOR SALE:

56cm Airborne Zeppelin road bike with Campy Chorus 10-speed Ergo, extra wheels, excellent cond. \$2,200.

49cm Fuji Ace with Shimano Sora STI 3 x 7, like new - great kid's road bike \$350.

Nashbar tandem 22" captain/19" stoker with Suntour XC 3 x 7, excellent cond. - great GOBA bike \$350.

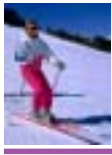
Contact Keith at [velohund@yahoo.com](mailto:velohund@yahoo.com) or 614/436-4242.

### FOR SALE: 16" CANOE,

Canvas on wood, great conditions, ready for lake or river. A gorgeaou vessel. \$925

Ruth Crompton 614/ 781-0480

Activity SCHEDULE



# Winter Activities

Leader: Glenn Beachy 268-4904 winter@outdoor-pursuits.org

## IMPROMPTU WINTER ACTIVITIES

When the snow falls give us a call for x-c skiing or snowshoeing. Rentals (for members only) and instruction available. Potential destinations: OSU golf course, Highbanks Metro Park, Lobdell Reserve in Licking County, Deer Creek State Park, Malabar Farm State Park or Cuyahoga Valley National Park.

Glenn Beachy email gbeachy2000@yahoo.com or 614-268-4904 or Terry Smith 614-430-9395

## WINTER HIKE, SNOWSHOE OR CROSS-COUNTRY SKI (DOW)

Sun Jan 9, 1 pm. (depending on white stuff).

Rental gear available to members only.

Glenn Beachy the night before for details

gbeachy2000@yahoo.com or 614-563-1146

## WILDERNESS LODGE ANNUAL WINTER GETAWAY - WATTSBURG, PA.

Fri Jan 29 to Sun Jan 31, 2005

Join us for a relaxing or active weekend-you decide! Activities include: cross-country skiing (DOW); snowshoeing; trail hikes; downhill skiing at nearby Peak n Peek Ski Resort; meeting new friends or catching up with old ones; reading a book by the fire and enjoying a home-cooked meal.

Cost: \$70-member, \$80-non-member covers two nights lodging and Sat evening meal. To keep costs down, we ask that you bring sheets (twin or full) or a sleeping bag, and towels. A \$10 fee per person is added if you request and receive a private room for two. They are limited. Trail passes and ski rentals, available on site, are extra. A deposit of \$40 in a check made out to COP and mailed to Terry Smith is required to hold and guarantee your reservation. Deposits are forfeited for cancellations after Jan 15. A waiting list will be kept in order by date deposits are received.

Terry at 614-430-9395 h or 614-443-0123 w.

## WINTER GETAWAY II CHEAT RIVER LODGE

Friday Feb 18 to Monday Feb 21, 2005

Join fellow COP members for a 4-day 3-night get-away at the Cheat River Lodge near Elkins, WV for winter hiking, snowshoeing or cross-country skiing (DOW). Additional opportunities for cross-country skiing include the White Grass Touring Center located 23 miles east of the Lodge. This year we will be staying in a private cabin along the Cheat River. The cabin has kitchen facilities and there is a restaurant nearby.

Cost for 3 nights is \$115 (includes leader fee). Two rooms have one double bed each and the loft has 4 single beds. Check for availability. Deposit of \$50 due by Jan 10. Deposits are non-refundable unless the space can be filled in which case you will be refunded 80% of your deposit. Space is limited!

Karen Paoletti at kpaolett@columbus.rr.com

### LEADER TRAINING

Saturday January 15 10am-6pm

Cost is \$15, includes lunch. To register contact

COP Office, office@outdoor-pursuits.org or 614.442.7901

### POTLUCK, PIX, SLIDES AND STORIES-JANUARY 22ND

see the Backpacking Schedule Section for details



# Climbing

Leader: Tom Lester 740/927-8106 telstar@columbus.rr.com

## WALL SESSIONS

Wednesdays Jan 5, 12, 19, 26 7:00 till 9:00 pm

Members only. Fees \$7.00, free to annual pass holders.

Leader Tom Lester 740 927-8106

## WALL SESSIONS

Fridays Jan 21, 28 5:00 till 7:00pm

Members only. Fees \$7.00, free to annual pass holders. Call if you plan on attending. These depend on Denison student attendance.

Leader Tom Lester 740 927-8106

## BEGINNERS SEMINAR AT THE CLIMBING WALL

Saturday Jan 15

Learn belay techniques, knots for tying into harness, and basics of climbing. Fee: \$20. Reservations required.

Leader Tom Lester 740 927-8106

## WALL SESSIONS

Saturday Jan 22, 29 5:00 till 7:00pm

Members only. Fees \$7.00, free to annual pass holders. Call if you plan on attending. Possibly campfire afterwards with refreshments depending on interest.

Leader Tom Lester 740 927-8106

## ANNUAL PASS:

Get an annual climbing pass. Cost \$175.00. Climb when you want as often as you want at the climbing wall.

Contact Tom Lester for full details.



# Meetings, etc.

## JANUARY PROGRAM MEETING - CAVING

January 18 7pm

If you are a caver or just interested in caving please join us for an annual caving meeting. The program will discuss caving issues and feature a slide show. Light refreshments will be served. Meeting location is at the COP office: 1525 Bethel Rd.

Sheila Sands 937 644 9152 caving@outdoor-pursuits (in subject must put: cop caving)

## WILDERNESS FIRST AID

February 20 & 21

information and registration form was in the December newsletter and is also available on the web.

## THE NEXT BOARD MEETING WILL BE

February 2005 7pm

1525 Bethel Rd. Use the westside door and find the COP Office downstairs.

## FEBRUARY PROGRAM MEETING -BOATING

February 15, 2005 7pm

COP Office. 1525 Bethel Road, Suite 100. Come to the west side door and ignore the sign about visitors going to a different door.

Walt Taylor boating@outdoor-pursuits.org 614/351-3413

Activity SCHEDULE

## WHY JOIN COLUMBUS OUTDOOR PURSUITS?

- Choose from an extensive schedule of activities year-round.
- Receive this monthly newsletter, filled with trips, events, and articles.
- Learn by doing in workshops on canoeing, bicycle maintenance, rock climbing, backpacking, wilderness first-aid, leadership skills, and more.
- Develop your leadership and organizational skills with volunteer opportunities.
- Take advantage of low-cost outdoor equipment rentals for members
- Make new friends who share your interests and have fun.

## VOLUNTEER!

Columbus Outdoor Pursuits success results from the willingness of many people to donate their time. We expect that all our members will pitch in. Please check off the items below where you will help.

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Mailing          | <input type="checkbox"/> Bike tours - sag     | <input type="checkbox"/> Publicity                              |
| <input type="checkbox"/> Telephoning      | <input type="checkbox"/> Bike tours-arrows    | <input type="checkbox"/> Data entry                             |
| <input type="checkbox"/> TOSRV            | <input type="checkbox"/> Bike tours-foodstops | <input type="checkbox"/> Computer support                       |
| <input type="checkbox"/> GOBA             | <input type="checkbox"/> Office (weekdays)    | <input type="checkbox"/> Trip Leader (training provided)* _____ |
| <input type="checkbox"/> Bike tours - reg | <input type="checkbox"/> Publications         | Activity?   |

## ACTIVITY INTERESTS

Circle "1" for primary interests and "2" for secondary interests. Circle "3" if you are willing to lead trips.

- |             |       |                 |       |
|-------------|-------|-----------------|-------|
| Backpacking | 1 2 3 | Downhill Skiing | 1 2 3 |
| Bicycling   | 1 2 3 | Hiking          | 1 2 3 |
| Mt. Biking  | 1 2 3 | In-line Skate   | 1 2 3 |
| Camping     | 1 2 3 | Kayaking        | 1 2 3 |
| Canoeing    | 1 2 3 | Sea Kayak       | 1 2 3 |
| Caving      | 1 2 3 | Rafting         | 1 2 3 |
| X-C Skiing  | 1 2 3 | Rock Climb      | 1 2 3 |
|             |       | Other _____     | 1 2 3 |

## MEMBERSHIP APPLICATION

YES! I want to become a member of Columbus Outdoor Pursuits. I understand I will receive a full 12-month membership and all other benefits of membership. The Renewal Discount Rate is only available within three months of current membership expiration. The expiration month will remain the same.

- |  |          |
|--|----------|
| <input type="checkbox"/> Youth (15-17)                                     | \$ 15.00 |
| <input type="checkbox"/> Adult New Member (18-54)                          | 30.00    |
| <input type="checkbox"/> Adult Renewal (w/in 3 months of last membership)  | 25.00    |
| <input type="checkbox"/> Senior Citizen (55 & over)                        | 20.00    |
| <input type="checkbox"/> Family  | 45.00    |
| <input type="checkbox"/> Family Renewal (w/in 3 months of last membership) | 35.00    |
| <input type="checkbox"/> Life  | 300.00   |
| <input type="checkbox"/> Replacement Membership Card                       | 2.00     |

Total Amount Enclosed: \$ \_\_\_\_\_

Make check payable to: **Columbus Outdoor Pursuits**

Mail to: **Columbus Outdoor Pursuits**  
**PO Box 14384**  
**Columbus, OH 43214-0384**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: ( \_\_\_ ) \_\_\_\_\_ Email Address: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Previous Membership #: \_\_\_\_\_

*Paid Advertisement*

# 5<sup>TH</sup> ANNUAL HARGUS LAKE HIKE

sponsored by Berger Health System

**SATURDAY, JANUARY 22, 2005**

**10:00 A.M. – 2:00 P.M.**

**Meet at A.W. Marion State Park Campground**  
**7317 Warner Huffer Rd., Circleville, OH 43113**

**BRING YOUR FAMILY AND FRIENDS!**

**ENJOY BONFIRE, REFRESHMENTS, GIVEAWAYS & MORE!**



**To RSVP or for information contact:**

**Diane Eaton RN, MS**

**Berger's Wellness Director**

**Phone: 740-474-7549**

**Email: [diane.eaton@bergerhealth.com](mailto:diane.eaton@bergerhealth.com)**



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 Conditioning Training  
 2/13 – Environmental Injuries/ Illnesses  
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 \*Date Subject to Change, Updates will be posted at  
[www.maxsportscenter.com](http://www.maxsportscenter.com)

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 Dublin, OH 43017  
 614.717.9934