

COLUMBUS OUTDOORS

November 2005

www.outdoor-pursuits.org

Volume 45 No. II

Columbus Fall Challenge 2005.

Photos by Steve Houck



Ridgetop view from State Route 78.



Rider coming uphill

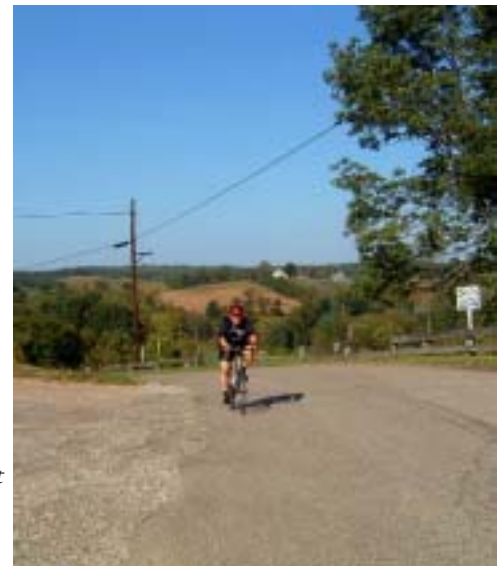


Red Barn on the Triple Nickel (S.R. 555)

Foliage is just beginning to turn



Jim Richardson, New Albany Thursday Night and Lickin Da Hills Ride Leader. Seen here topping a hill on CFC.



Columbus Outdoor Pursuits is a volunteer-based, participatory organization created to provide opportunities and education for outdoor recreation and activities

TOSRV GOBA **Bicycling** Whitewater Boating **Caving** Rock Climbing **Backpacking** Skiing **Hiking** Inline Skating **Education**



Columbus Outdoor Pursuits
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 (614) 442-7901
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Columbus Outdoor Pursuits: **www.outdoor-pursuits.org**
 Tour of the Scioto River Valley: **www.tosrv.org**
 Great Ohio Bicycle Adventure: **www.goba.com**

This newsletter is published monthly by Columbus Outdoor Pursuits as a benefit of membership. Columbus Outdoor Pursuits offers outdoor recreation, education, and inexpensive travel to all people, regardless of race, creed, or religion. Columbus Outdoor Pursuits is a non-profit, nonpolitical organization exclusively for charitable and educational purposes and is dedicated to greater understanding of the world and its peoples.

MEMBERSHIP

For membership information, contact the office at the phone number or email address shown above. Membership forms are also periodically printed in this newsletter and are also available on our website.

ADVERTISING

Commercial advertising is accepted. However, content must be "substantially related" to our mission. Your ad must be approved before it is submitted. Contact the Editor for more information.

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November 2005 • Volume 45 • Issue 11



Pacelines

by Jack Hornsby, *Bicycling Activity Leader*



Is it November again? I can't figure where time goes. I thought retirement in 1994 would bring lots of time for lots of activities and many accomplishments. Wrong! I am continually behind on my job list and leisure plans. I think retirement and time management are incompatible terms. I still have a number of COP events to get into my schedule, maybe next year.

We had another great year of riding. For the most part the weather was kind and rider counts were high. I have already received calls inquiring about next years schedule from dedicated riders setting up their 2006 colander.

Recently reported counts show 156 registered riders on the Ridge Runner Ramble and 162 on the Covered Bridge Century. Gordon Renkes tells me that the CBC 100 miler was a great tune up for the Columbus Fall Challenge.

Great weather again this year for the Columbus Fall Challenge. We had 243 registered riders headed south. A little unwelcome excitement on CFC this year involved accidents due to animals. A fall avoiding a dog led to a hairline fracture of a collarbone. A downhill collision with a deer put another rider in the Marietta hospital for an overnight stay. As it turns out, the rider in the deer incident was not a registered rider. While unregistered riders are not known to be a major problem on COP rides, they certainly are an irritant to ride leaders and registered riders. Unregistered riders are not covered by our insurance plus we certainly need those ride fees to support our programs.

Seems that several of our leaders get requests from riders for maps of our tour routes to use at later dates. Unfortunately we cannot issue a ride map of a tour to anyone who did not register and sign a release on the day of the ride. Our insurance carrier and risk management personnel indicate that our insurance covers us only on the day of the ride for registered riders.

November is the time for our annual rider leaders party. If you are a leader, leader in training or just think you may be interested in becoming a leader, check the meetings section of this newsletter or contact me for further details.

E-mail me at bicycling@outdoor-pursuits or call 614/877-3085 with your comments or suggestions.

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End of an Era

Since May of 1989, PO Box 14384 has been the official address of Columbus Outdoor Pursuits. Located in the Beechwood Post Office, it was very convenient to our prior office on Crosswell Road. But the... (soundtrack changes to a minor key)... We moved. Now on the west side of the Olentangy, the Beechwood Post Office is several miles away, and more significantly, on the other side of the Olentangy/Henderson intersection. After two years of discussion and thought, we have decided that we can save time, money and hassle by changing our address.

Starting November 1, 2005 our official address will be:

Columbus Outdoor Pursuits
1525 Bethel Road, Suite 100
Columbus Ohio 43220

For the convenience of the TOSRV Director, a box has been rented near his home. **TOSRV mail**, and **ONLY TOSRV mail** can go to:

Columbus Outdoor Pursuits/TOSRV
P.O. Box 16003
Columbus, OH 43216-0003

Please note that while our mail is now going directly to the COP officed, we still do not have a receptionist. *We highly advise making an appointment. If you choose to drop in, be prepared to get/leave materials without staff assistance.*

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HOURS:
MONDAY-THURSDAY
4:00 - 9:00 P.M.

**The Midwest's Paddlesports
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Kudos

There are always alot of people deserving thanks and recognition. This month I'd like to give a shout out to:

Vacation Volunteers (most of August)

Beth Thomae, Eldon Johnson, John Hromadik, Charlie Pace, Jack Hornsby and Caren Truske for handling mail and phone calls.

Kim Hiser handled email

Sharon Seslar put together the September newsletter
Vikki and Terry Smith process memberships

Bike Tour Data Entry - The annual financial review requires rosters tying people to the dollars for all events, including bike tours and schools. The day of ride registrations from bike tours are particularly overwhelming. The following members helped with the eye-boggling task:

Kim Hiser, Jennifer Thurmond, Caren Truske, Molly Rose, Deb Evans

Copy Jockey

Stephanie Bahr spend hours one afternoon copying and collating items for the board meeting, including the final 2004 Financial report, XOBA 05 report, and the new insurance policies.

Bike Midwest for giving COP a free half page ad in the fall issue

The Personnell committee - Glenn Beachy, Dev Evans and Tom Lester for continued support and guidance.

*Thank you ever so much,
Ann Gerckens, COP Office Manager*

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COP volunteer Melody Young and sister-in-law Julie Young on the Ridge Runner. August 18, 2005. Photo by Jack Hornsby.

SUBMISSION GUIDELINES

Newsletter submissions are always encouraged and welcome each month; however, all submission content must substantially relate to our mission. Submissions may be checked for spelling/minor errors and edited for space constraints; however, the Editor will NOT verify content and accuracy- double check your submissions before sending. The Editor may also make stylistic format changes (e.g., color, font, size, bolding, etc.) at her discretion. Additional guidelines for submissions follow and are published at <http://www.outdoor-pursuits.org/main/news/misc/NewsletterSubmissions.pdf>. **The Editor reserves the right to reject or postpone publication any item received after the posted deadline.**

GENERAL ARTICLES AND PHOTOS

These submissions must be received by the Editor by 11:59PM of the 5th day of the preceding month.

ACTIVITY SCHEDULE ITEMS

These submissions will only be accepted from either Activity Leaders or by appointed Schedule Coordinators for the activity, as listed below. Schedule Items must be received by the Editor by 11:59PM of the 5th day of the preceding month.

BACKPACKING	Kim Hiser	740/666-1509	backpack@outdoor-pursuits.org
BICYCLING	Bob Waddell	614/871-7965	bikinbob@columbus.rr.com
BOATING	Toni Hartley	614/523-3191	toni_hartley@hotmail.com COP Boating in subject line
CAVING	Sheila Sands	937/644-9152	caving@outdoor-pursuits.org COP Caving in subject line
CLIMBING	Tom Lester	740/927-8106	tlester@megsinet.com
HIKING	Pete Rogers	614/873-1530	hiking@outdoor-pursuits.org
INLINE SKATING & WINTER ACTIVITIES	Glenn Beachy	614/268-4904	winter@outdoor-pursuits.org

CLASSIFIED ADS

Columbus Outdoor Pursuits members may place 2 classified ads/year of 60 words or less, free of charge. Please limit content to equipment buy/sell ads. Include your name and membership number when submitting your ad. Classified must be received by the Editor by 11:59PM of the 5th day of the preceding month.

COMMERCIAL ADS

Commercial advertising is accepted, but must be "substantially related" to our mission. Please contact the Editor for information on rates and approval of advertisement content. The deadline for advertisements and payment is the 5th day of the preceding month.

SEND MATERIAL TO (in order of preference)

- 1 EMAIL editor@outdoor-pursuits.org
- 2 DELIVER 1525 Bethel Rd(office, call 614/442-7901 first)

3 MAIL Columbus Outdoor Pursuits
Attn: Newsletter
1525 Bethel Road, Suite 100
Columbus, OH 43220

A Response to "Lance v. Greg"

(Frank Stinehart's article, June 2005 edition)

By Jack S. Byrom

I respond to Stinehart's excellent essay, Lance v. Greg. Stinehart makes some good points here, but overall, I think he is wrong. Stinehart used not just the criteria of racing prowess to rate the riders, but personal character, and I think that is what tips the scales to Armstrong. I used to think Greg Lemond was a better cyclist and a better person, too. Now, I doubt that Lemond was a better rider, and I personally watched him race and win in the 1980s in Colorado. It is true that Lemond was a pioneer and a great athlete, but I think a head to head competition against our Plano, TX boy would see Armstrong pull out a little ahead. Now let us address Lemond's personal character.

Where Lemond sullied his tremendous legacy and reputation was in the stupid, petty attacks against Armstrong related to possible illegal drug and blood product use. Lemond should know that Americans don't usually engage in this sort of thing anyway- it's always been those crazy Europeans that doped. But that is not the primary issue. The issue was that LANCE ARMSTRONG RODE THE BIKE up the hill, Greg. Just like you did after your brother-in-law shot with the 20 gauge. Did you fake the ride your rides Alpe d'Huez- no, and neither did Lance Armstrong. So why are you attacking someone that pulled off a miraculous recovery? And your basis for attacking Lance? That he had some

sort of association with Dr. Ferrari? - Now you have forgotten the US Constitution, which states, "innocent until proven guilty." You went way too far on this Lemond, said much too much, and now I will never have the sort of respect for you that I held when you retired. And your sniping naturally hurt Armstrong, but how could he attack you, our icon, our hero? Armstrong restrained himself here and showed him to have better moral fiber than you.

We see that Armstrong truly cares about cancer and will probably dedicate much of the rest of his life to the fight against cancer. What has Lemond done since he retired? There is nothing ignoble about selling bicycle frames, but Armstrong has a higher calling. All people, not just cyclists, feel the heart's tug when they hear Armstrong's story. Armstrong loves cancer patients and wants to give them hope.

Lemond has just repeated the scurrilous, unsubstantiated claims of the hysterical French press and has not done anything lately to inspire.

So, while I agree that Lemond was a tremendous rider, possibly equal on a physical plane to Armstrong, I think he has lost the battle for our hearts by mindlessly attacking a fellow-American and cancer survivor.

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Bicycling

Leader: Jack Hornsby 877-3085 bicycling@outdoor-pursuits.org

STARTING TIMES: Times listed indicate when the ride rolls out of the parking area. Please arrive early enough to depart at the prescribed time. Note that rides are listed in three categories below:

- Weekly Recurring Group Rides Listed by Day of Week
- One Time Group Rides Listed by Date
- Annual Budget & Special Tours Listed by Date

ANNUAL BICYCLE LEADERS MEETING

Friday, November 18, 6:30

The annual leaders meeting is scheduled for 6:30 in the upstairs party room at the Rusty Bucket Tavern in Worthington the evening of November 18. The Rusty Bucket is on 315 just north of 270. Hors d'oeuvres and soft drinks will be served. Cash Bar services will be available. This is a social event open to all ride leaders and assistants as well as prospective new leaders. Join us for an evening of fun.

Please RSVP by November 10th.

Jack Hornsby, bicycling@outdoor-pursuits.org, (614) 877-3085

WEEKLY RECURRING GROUP RIDES - LISTED BY DAY OF WEEK

GROVEPORT • SUNDAYS

November 6, 13, 20, 27, December 4, 11, 18

9:00 AM starting in October. Class B, C. 35-50 miles depending on weather. Routes include a mix of hills and rolling terrain. Brunch always before return. Meet at Groveport Freshman School, Hamilton Road south from I-70 or US33, turn left (east) on Main/Groveport Road through town. Jim will lead the B group, Dick will sweep at C.

Jim Wakefield 614/309-2962

Dick Seebode 614/235-7669

NORTHWEST WINTER RIDE • SUNDAYS

November 6, 13, 20, 27, December 4, 11, 18

9:00 AM. Class B, C. 40-60 miles, depending on weather. Meet at Avery Park, north parking lot, just south of Brand Road, near the water tower. We'll ride a comfortable pace and stop to warm up and have brunch.

Steve Barbour 614/457-6656

LICKING COUNTY • TUESDAYS

November 8, 15, 22, 29, December 6, 13, 20, 27 9:00 AM Class C,

All riders are welcome. Don't look at the calendar; look at the weather, dress up, and ride! Scenic rural roads, eat, socialize. Distance depends on wind and weather (0 to ? miles). Minimum temperature to start is 30 degrees. Brunch always. Meet at the east end of down town Pataskala parking lot at RR tracks on Rt 310 (Main St), 1/2 mile S. of Rt 16.

Dick Seebode 614/235-7669

Dave Knight 614/284-4087

WORTHINGTON • WEDNESDAYS ALL YEAR

9:00 AM Class C, D. Meet at the Wilson Bridge entrance to the Olentangy River Bike Path, in the upper level parking lot. Destination to be determined at the start of the ride. New and beginning riders welcome. Cost: money for food. We meet for breakfast if we can't ride due to weather.

Gail Falkinburg 614/861-4478

ONE TIME (NON-RECURRING) GROUP RIDES LISTED BY DATE

ALLEY PARK-HOCKINGS HILLS • SATURDAY (WINTER CENTURY RIDE SERIES)

November 5 8:00 AM Class A & B. 100 miles (DOWR)

of very hilly terrain, shorter options will also be mapped, leader will be on the long route. Planned route includes Salem, Logan, Hocking Hills State Park. Take US33 2.3 miles southeast of Lancaster. Turn right on Stump Hollow Rd and immediately left on Old Logan Rd. Alley Park is about 0.3 miles on right.

Sunrise 7:04 AM Sunset 5:24 PM

Bob Waddell bikinbob@wowway.com 614/871-7965 Late breaking info will be posted at <http://bikinbob.ohiorand.org>

NOVEMBER 12 - NO WINTER CENTURY RIDE THIS WEEK.

LONDON-XENIA-FORT ANCIENT RAIL TRAIL RIDE • SATURDAY (WINTER CENTURY RIDE SERIES)

November 19 8:00 AM Class A & B, C. 100 miles (DOWR)

of Ohio Rail Trails from London to Fort Ancient State Park. Meet at the trail head parking area behind the Madison County Senior Center, 260 W High St (US42 West), London. Stop for food at Corwin/Waynesville before returning via the same route. Alternate food and turn around options are also available at Cedarville (42 miles), Xenia (58 miles) & Corwin (86 miles), leader will be on the long route.

Sunrise 7:16 AM Sunset 5:20 PM

Bob Waddell bikinbob@wowway.com 614/871-7965 Late breaking info will be posted at <http://bikinbob.ohiorand.org>

HAPPY THANKSGIVING - NO RIDE ON SATURDAY NOVEMBER 26 (WINTER CENTURY RIDE SERIES)

GROVE CITY-CHILlicothe RIDE • SATURDAY (WINTER CENTURY RIDE SERIES)

December 3 8:00 am Class A & B. 100 miles (DOWR)

of various terrain to Deer Creek Lake, Chillicothe, Great Seal State Park, & Circleville. Also shorter route options to Circleville (48 miles) or Kingston, (86 miles) will be mapped, leader will be on the long route. Meet at SE corner of Buckeye Grove Shopping Center parking lot, intersection of Hoover Rd and Rte 665 (London-Groveport Rd). Food opportunities at Deer Creek, Chillicothe and Circleville.

Sunrise 7:20 AM Sunset 5:14 PM

Bob Waddell bikinbob@wowway.com 614/871-7965 Late breaking info will be posted at <http://bikinbob.ohiorand.org>



Activity SCHEDULE



COP RIDER GUIDELINES

Please review these guidelines if you are new to COP rides. By choosing the correct pace and arriving prepared, you will help ensure our rides are as safe and fun as possible for everyone.

SAFETY

A CPSC, ASTM, or SNELL approved helmet is required on all COP rides. Other recommended safety items include a rear-view mirror, a rear flasher, and bright, visible clothing. Cyclists under age 18 must have written permission and the liability waiver release signed by a parent or guardian. *For safety reasons, children two and under are not permitted on COP rides.* Please respect the laws of the road and rights of other road users.

PACE

All COP bicycle tours are "open" paced events, with maps and road markers provided; however, the tour organizer does not specifically accompany the riders. COP day rides have designated leader(s) at one or more paces, and only maps are provided. The ride leader will accompany the group in the manner that best supports the entire group, not an individual rider. *COP highly recommends that you contact the ride leader if you have any questions about the ride/tour.*

Pace classes are intended to give a rough idea of the common "riding" speed of the group, rather than the average speed. Completing a century ride (100 miles in 5 hours indicates a mathematical average of 20 mph, but the common riding speed to required to complete this ride in 5 hours can easily be in the mid-20s. Variables such as wind, hills and time off the bike can greatly detract from an average, as it is a time-based figure. The speeds listed below refer to common "riding" speeds.

A 19-23 MPH: our fastest pace. Licensed racers frequently attend these rides, which might be listed as A+ rides in this schedule. Be prepared to maintain this pace over 30-50 miles on a weeknight ride, and 60-100 on a weekends. Stops typically are few and short. Average speeds can be over 20 mph.

B 16-19 MPH: a fast recreational clip. The ride distances will be somewhat lower than the "A" group, and the stops can be longer and more frequent. Opportunities for regrouping will be more frequent.

C 13-16 MPH: an enthusiastic pace. Many of our longer-distance riders ride in this pace range. The mood will be less competitive and more social. Groups will tend to stay together more, but the riding will still be consistent. The routes often avoid the hilliest options.

D 10-13 MPH: a very social pace. Riders can be experienced, or fairly new, but are usually familiar with the basics of cycling on the open road and in groups. Distances are modest, and often a meal stop or sight-seeing is involved.

NR: no designated speed. These rides are specifically oriented around introducing new riders to the sport. The pace will be dictated by those who attend, and often these rides are intended as an introduction to cycling. NR rides can use bike paths or roadways.

DOWR: Depending On Weather and Riders, usually for winter rides. This note in any ride listing indicates an "open" condition, and will usually be included with a pace class. The leader may choose to leave the pace, distance and destination to be decided by the group, so maps may not be included for these impromptu rides.

**SATURDAY DECEMBER 10
(WINTER CENTURY RIDE SERIES)**

8:00 AM Class A & B.

100 miles and shorter options (weather permitting)

Location TBA (Tentatively start in Circleville)

Bob Waddell bikinbob@wowway.com 614/871-7965 Late breaking info will be posted at <http://bikinbob.ohiorand.org>

**SATURDAY DECEMBER 17
(WINTER CENTURY RIDE SERIES)**

8:00 AM Class A & B. 100 miles

and shorter options (weather permitting)

Location TBA (Tentatively start at Coonpath Rd, Lancaster)

Bob Waddell bikinbob@wowway.com 614/871-7965 Late breaking info will be posted at <http://bikinbob.ohiorand.org>

**NO RIDE ON SATURDAY DECEMBER 24
(WINTER CENTURY RIDE SERIES)**

**SUNDAY JANUARY 1 - NEW YEARS DAY
& (WINTER CENTURY RIDE SERIES)**

8:00 AM Class A & B. 100 miles

and shorter options (weather permitting) Location TBA (Tentatively start at Grove City)

Bob Waddell bikinbob@wowway.com 614/871-7965 Late breaking info will be posted at <http://bikinbob.ohiorand.org>



I love GOBA. Photo by Jack Hornsby

ATTENTION BICYCLING LEADERS

Please submit all bicycling activities to be included in the newsletter schedule to Bob Waddell at bikinbob@columbus.rr.com or contact him at 614/871-7965. All new ride leaders must first obtain approval for rides from the Bicycle Activity Leader: Jack Hornsby 614/877-3085 or bicycling@outdoor-pursuits.org. The deadline for additions or changes is the 1st of the month.



Hiking

Leader: Pete Rogers 614/873-1530 hiking@outdoor-pursuits.org

SCIOTO TRAIL STATE FOREST

Nov. 5

Named after the Native American Trail that ran from Chillicothe to Portsmouth and on the Allegheny Plateau just beyond the boundary of glaciation. The hike has one strenuous climb and several moderately strenuous elevation changes for more than 900 Ft. of elevation gain. Hike is approx. 10 miles. Bring lunch and water and dress for the weather. We will leave at 8:30 am from the Great Southern Shopping Center parking lot behind Tim Hortons. Take the High St. exit from I-270 and Tim Hortons is on the left just before Walt Mart.

Earl Reisinger (740)983-4160 or hikerb43103@earthlink.net

BATTELLE DARBY METRO PARK

Sun. Nov. 20

Kick out the grey November blahs with a hike at Battelle Darby Metro Park. We'll meet in Columbus at 12:45 pm to carpool. Plans are to hike 5 or 6 miles. Trip will go rain or shine but not if the trails are ice covered. Dress for the weather and bring trail snacks and water. Pizza afterwards if anyone is hungry.

Contact Glenn Beachy at gbeachy2000@yahoo.com or 268-4904.

GREAT SEAL STATE PARK

Sunday, December 4

Climb the hills...Walk the ridges. Join John Lunn for a vigorous hike up the hills that are the backdrop for our state seal. The views can be great from the top of these steep hills. Sturdy footwear is a must. Plan on hiking around 6 miles. Bring lunch and water, Meet in parking lot near picnic shelter, straight back from main entrance. Directions: Route 23 south from Columbus, past Circleville, turn left in park entrance

Leader: John Lunn 740/969-4836



Black Vulture

Attracted to smell of COP hikers?

John Lunn's Clear Creek Hike, October 2, 2005.

Photo by Andy Jones



Backpacking

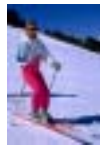
Leader: Kim Hiser 740/666-1509 backpack@outdoor-pursuits.org

LITTLE MIAMI NATIONAL SCENIC RIVER

January 21-22

Overnight backpacking with 2 days of hiking will enable us to see over 5 miles of the most beautiful section of the Little Miami National & State Scenic River. We will hike through Clifton George State Nature Preserve where the river has sliced a narrow 30 to 50 foot grove through the underlying limestone. We will follow the river side through the forests of John Bryan State Park and Glen Helen Nature Preserve (south glade). Depending on the season we will encounter water falls (or ice falls up to 30 ft high), acres of wildflowers (in spring), Canadian geese, Blue Herons, bat caves, historic points of interest, and so much more. We will have many route choices allowing us to choose to hike from 5 to 8 mile before arriving at our campsite on the east bank of the Little Miami River. During busy seasons Clifton George State Nature Preserve and John Bryan State Park attracts many hikers, however, Glen Helen Nature Preserve's south glen and our campsite will convey the feeling of wilderness and serenity. Be prepared for story telling and marshmallow roasting around our campfire. Next day we follow Glen Helen Creek across the reserve. Finally, we will follow the cliff tops back to our starting point. A portion of the hike passes beside a designated rock climbing area. At our campsite fishing is permitted in the river if you have an Ohio State fishing license. Space is limited.

Greg Foy 937-458-2726 (daytime), [greg\(AT\)foy](mailto:greg(AT)foy).



Winter Activities

Leader: Glenn Beachy 614/268-4904 gbeachy@yahoo.com

DOWNHILL SKIING AT MAD RIVER MOUNTAIN COP Group Ski Passes

COP is offering its members, age 11 and above, season lift passes for the upcoming winter at discount rates as part of the Master the Mountain program at Mad River Mountain in Bellefontaine. With a printed form and a check, a single pass is \$155; pay online with a credit card and the cost is \$145. Deadline to sign up is December 1. **Contact Karen Paoletti for login id and additional information about the program at: kpaoletti@yahoo.com**

WINTER GETAWAY II

Friday January 13 to Monday January 16, 2006

Join fellow COP members for a 4-day 3-night get-away at the Cheat River Lodge near Elkins, WV for winter hiking, snowshoeing or cross-country skiing (DOW). Additional opportunities for cross-country skiing include the White Grass Touring Center located 23 miles east of the Lodge. This year we will be staying in a private cabin (with hot tub) along the Cheat River. The cabin has kitchen facilities and there is a restaurant nearby. Cost for 3 nights is \$140 (includes leader fee). Two rooms have one double bed each and the loft has 4 single beds. Check for availability. Deposit of \$50 is due by December 1. Deposits are non-refundable unless the space can be filled in which case you will be refunded 80% of your deposit. Space is limited.

Contact Karen Paoletti at kpaoletti@yahoo.com



Activity SCHEDULE



Boating

Leader: Walt Taylor 351-3413 boating@outdoor-pursuits.org

COP's volunteer leaders run these generally low budget and communitarian type trips; expect to pitch in and help. Costs are typically gas + food. If interested in trip leader training, contact the activity chair, Walt Taylor, at boating@outdoor-pursuits.org or 614/351-3413. For other trip info, call the leaders listed below. Note: Per new insurance rules, only COP members can participate on trips with Class III or greater whitewater.

COP BOATING PLANNING MEETING November 9

The annual boating scheduling meeting will be at the Grandview Heights Public Library, 1685 West First Avenue, on Wednesday 9 November, 6:30PM to 8:30PM. This is your chance to schedule trips and schools for 2006, win fabulous prizes in the annual Leader Lottery, and enjoy a pizza dinner with your COP boating buddies. RSVP - we want to be sure to have enough pizza!

Doug Eldridge dougeldridge@earthlink.net

FLOCKING TO THE HOCKING Sunday, December 18 (Note: Change in Date)

Come join us for this long time COP tradition. For over 30 years, we've been Flocking to The Hocking. We'll start the day with a hearty breakfast, to get the blood flowing. We'll spend all day on the river, enjoying the fresh air and decompressing from the holiday hustle and bustle. At the end of the day, we'll thaw out over a steaming bowl of chili. Kudos for the best boat decoration.

To sign up or to get further information, call Kitty or Mike at 614/231-6820.

? Need a Boat ?

You can rent one from Columbus Outdoor Pursuits!

Whitewater kayaks, sea kayaks, canoes, duckies, and rafts are available. However, only COP members are entitled to rent our boats, and first priority is given to boating schools and trips. *Per new liability insurance requirements, COP membership is required for ALL individuals using our boats on Class III or greater whitewater.* Rental rates include necessary accessories. PFDs must be worn at all times while on or near the water; helmets are required to be worn at all times on Class II and greater whitewater. Renter paddling skills will be assessed as part of our safety process.

RENTAL RATES

Old canoes (aluminum)	\$10 per day
New canoes (plastic)	\$15 per day
Whitewater kayaks	\$15 per day
Rafts (per seat) & duckies	\$10 per day
Sea Kayaks (solo or tandem)	\$25 per day, \$45 per weekend
Recreational Kayaks	\$25 per day, \$45 per weekend

CONTACT

Rental requests need to be made well in advance (at least a week) of needing boats.

For sea kayaks, canoes, or inflatables contact:

John Lane 614/486-4548 lane.30@osu.edu.

For whitewater kayaks, contact:

Dave or Sharon Seslar 614/771-0679



INTERNATIONAL SCALE OF RIVER DIFFICULTY

Adapted from American White Water. Thanks for their permission to use.

This is the american version of a rating system used to compare river difficulty throughout the world. this system is not exact; rivers do not always fit easily into one category, and regional or individual interpretations may cause misunderstandings. it is no substitute for a guidebook or accurate first-hand descriptions of a run. Please visit www.americanwhitewater.org for additional information.

Class I: easy. fast moving water with riffles and small waves. few obstructions, all obvious and easily missed with little training. risk to swimmers is slight; self-rescue is easy.

Class II: Novice. Straightforward rapids with wide, clear channels which are evident without scouting. Occasional maneuvering may be required, but rocks and medium sized waves are easily missed by trained paddlers. Swimmers are seldom injured and group assistance, while helpful, is seldom needed

Class III: Intermediate. Rapids with moderate, irregular waves which may be difficult to avoid and which can swamp an open canoe. Complex maneuvers in fast current and good boat control in tight passages or around ledges are often required; large waves or strainers may be present but are easily avoided

Class IV: Advanced. Intense, powerful but predictable rapids requiring precise boat handling in turbulent water. Depending on the character of the river, it may feature large, unavoidable waves and holes or constricted passages demanding fast maneuvers under pressure.

Class V: Expert. Extremely long, obstructed, or very violent rapids which expose a paddler to added risk. Drops may contain large, unavoidable waves and holes or steep, congested chutes with complex, demanding routes.

Class VI: Extreme and exploratory. These runs have almost never been attempted and often exemplify the extremes of difficulty, unpredictability and danger.

Activity SCHEDULE



Meetings, etc.

BOARD RETREAT

November 5 8am to 4pm

Annual Board Retreat where COP Programs get a deeper look. 8am to 4pm, Spring Hollow Lodge, Sharon Woods Metro Park (entrance on north side of park). All members are welcome; however, if you have business to bring before the Board, you will need to contact the President one week in advance to get on the agenda. Any normal business items that can be postponed to the next meeting will be postponed in order to spend this time focusing on COP's programs, mission and goals.

Glenn Beachy 614/ 268-4904 gbeachy@yahoo.com

COP BOATING PLANNING MEETING

November 9

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Doug Eldridge dougeldridge@earthlink.net

LEADER TRAINING

Saturdays November 12, or December 3

10am to 6pm. Leader Trainings include all six modules-Risk Management, Paperwork & COP Policies, Trip Planning, Participant Screening and Leadership. Cost is \$15 for the day and includes lunch. To register, contact the COP Office.

office@outdoor-pursuits.org or 614/ 442-7901

PROGRAM MEETING-WINTER ACTIVITIES

November 15th 7pm COP Office

The COP Office is at 1525 Bethel Road. Park on the west side, come in the west side door and down stairs.

Glenn Beachy 614/ 268-4904 gbeachy@yahoo.com

ANNUAL BICYCLE LEADERS MEETING

Friday, November 18, 6:30

The annual leaders meeting is scheduled for 6:30 in the upstairs party room at the Rusty Bucket Tavern in Worthington the evening of November 18. The Rusty Bucket is on 315 just north of 270. Hors d'oeuvres and soft drinks will be served. Cash Bar services will be available. This is a social event open to all ride leaders and assistants as well as prospective new leaders. Join us for an evening of fun.

Please RSVP by November 10th.

Jack Hornsby, bicycling@outdoor-pursuits.org, (614) 877-3085



*Ridgetop view with horses from the Triple Nickel (SR 555).
Photo by Steve Houck*



Climbing

Leader: Tom Lester 740/927-8106 telstar@columbus.rr.com

WALL SESSIONS EVERY WED @ 7:PM & SAT 5 PM.

Cost \$7.00 members only.

Leader Tom Lester. Call for Saturdays, sessions depend on attendance. 740 927-8106 (Note: No Saturday session mothers day weekend)

ANNUAL WALL PASS AVAILABLE FOR \$175.00.

Climb when you want as often as you want at the COP wall.



Four place family fun. Photo by Jack Hornsby

Classifieds

As a benefit of membership, 2 classified ads per year of 60 words or less are free of charge. Please limit content to equipment buy/sell ads. Non-members cannot place ads. Please include your membership number when submitting a classified.

FOR SALE:

Mountaineering Dome Tent for Sale. Three person, all season tent (7 lbs.) with four anodized aluminum poles, fly with awning, gear loft, custom ground cloth and stakes. Sierra Designs, Stretch Dome for \$265.

Call Robin at 614-889-7686.

FOR SALE:

Road Tandem - KHS Milano, Large front, small to medium rear. Only about 500 miles. 48 spoke wheels. Includes computer \$850 OBO.

Andy 614-218-6839.

FOR SALE:

2001 Girl's Specialized Hotrock 24-in. mountain bike. Color: purple. In excellent condition. Asking \$100.

eporner85@columbus.rr.com.

FOR SALE:

Kayak- Old Town Adventure XL 139,14", blue & white, excellent condition. \$550.

Derrek 614/882-3226

Support Your Habit and COP at the Same Time



Items are for sale through the COP Office. All Prices include \$6.75% sales tax and shipping.



Neck Wallets - \$5.00 maroon with white COP logo

Nalgene Water Bottle w COP Logo - \$8.50 blue, raspberry, green, gold



CPR Mask - \$6.50 - Protect yourself from Hepatitis, HIV, and plain old fashion cooties. A must for your first aid kit, this mask weighs only 2.5 oz and could be sterilized and reused. Of course, we hope that is not necessary.

Face Shield by Laerdal - \$2.00 Unlike the durable CPR mask listed above, this one is not reusable, but it weighs less than 1/4 oz.

Medical ID Tags - \$6.00 don't be a John Doe down at the morgue! Make sure you are carrying ID on you at all times by using this tag which can attach via several means to your bicycle, PFD, backpack, etc. Proceeds benefit COP's Ron Eisele Memorial Leadership Fund.



Maps

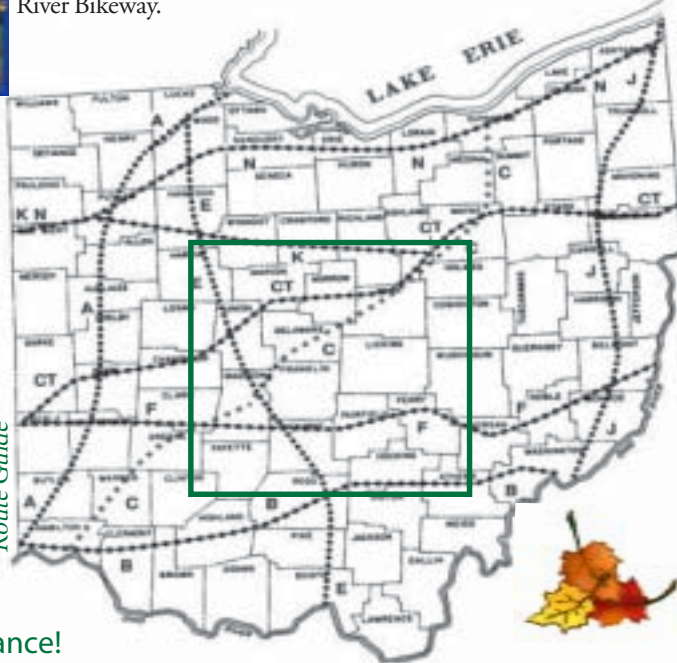
Ed Honton Takes You Cycling Through Central Ohio - \$12.69-Spiral bound with 35 bike routes and 7 rail trails. Includes descriptions of sights to see along the trails and roads. Lengths from 8-100 miles. All routes start within an hour's drive of Columbus.



Biking Ohio's Rail Trails - \$15.00 - 41 detailed maps of rail trails in Ohio. Lengths from 1/5 mile to 72 miles. Includes the Olentangy-Scioto River Bikeway.



Cross Ohio Bike Routes. Square denotes area covered by the Central Ohio Bicycle Route Guide



Clearance!

COP Logo Polo shirts - \$8.00. High quality 100% cotton polo with COP logo on left breast size Small, 2 dk turquoise, 1 maroon



Ohio Trails and Greenways 2001 - \$5.00 - An early statement of the work and progress of trail developments and management in Ohio. Detailed maps for rail-trails and overview maps for long trails including the Buckeye Trail, American Discovery Trail and North Country National Scenic Trail. Edited by COP member Anne Kuhn.



Biking USA's Trail Trails - \$8.00. This is your guide to biking the country's most spectacular trails. Over 860 trails are listed with name, location; trail surface, length, and address for further information. Also includes state maps that show the trails locations.



CFC 05 shirts - \$22.00 most sizes available

Central Ohio Bicycle Route Guide - Member price \$10, Non-member price \$15.00. A 17 map set showing many bike able roads and existing bike trails within 60 miles of Columbus. Produced by Ed Honton and friends from the Ohio to Erie Trail Fund, proceeds benefit COP's Ohio Bicycle Development Fund.

Cross State Maps - \$7.50 each - strip maps with cue sheets, packaged in plastic bags, so they can easily fit into a map pocket.

Cardinal Trail - Richmond Indiana to Petersburg OH (Youngstown area)

Route A - Cincinnati to Toledo

Route B - Cincinnati to Marietta

Route C - Cincinnati to Cleveland; includes part of the Little Miami Scenic River Bikeway

Route E - Portsmouth to Toledo

Route F - Richmond Indiana to Moundsville WV, an alternate to US 40

Route J - Marietta to Conneaut

Route KN - Monroeville IN (near Ft. Wayne) to Cardinal Trail at Mifflin (K) or Cleveland Metro Parks (N). Included side trip to Cedar Point.

The following are available through TOSRV

Why not buy your friend a gift this holiday season?



TOSRV "2005" JERSEYS

100% Micromagic (wicks away moisture) featuring a full-color design, a 19" hidden zipper, and three-panel rear pocket

\$ 52.50 (Includes Shipping and 6.75% Ohio Sales Tax) Available in sizes: S, M, L, XL, XXL (While they last)



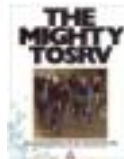
TOSRV "2005" T-SHIRTS

50% cotton, 50% polyester with a unique full-color design

\$ 12.00 (Includes Shipping and 6.75% Ohio Sales Tax) Available in sizes: XS, S, M, L, XL, XXL (While they last)

TOSRV "2004" JERSEYS \$ 37.50

(Includes Shipping and 6.75% Ohio Sales Tax) Limited supply available in sizes: S, M, L (While they last)



The Mighty Tosrv - \$9.50 An illustrated history of the first 25 years of the Tour of the Scioto River Valley, buy Greg and June Siple



To find out if your size is available, contact: Charlie Pace, 614-461-6648, director@tosrv.org

Make checks payable to: Columbus Outdoor Pursuits
Mail to: TOSRV, c/o Charles Pace, 629 Dennison Ave, Columbus OH 43215-1604

WHY JOIN COLUMBUS OUTDOOR PURSUITS?

- Choose from an extensive schedule of activities year-round.
- Receive this monthly newsletter, filled with trips, events, and articles.
- Learn by doing in workshops on canoeing, bicycle maintenance, rock climbing, backpacking, wilderness first-aid, leadership skills, and more.
- Develop your leadership and organizational skills with volunteer opportunities.
- Take advantage of low-cost outdoor equipment rentals for members
- Make new friends who share your interests and have fun.

VOLUNTEER!

Columbus Outdoor Pursuits success results from the willingness of many people to donate their time. We expect that all our members will pitch in. Please check off the items below where you will help.

- | | | |
|---|---|---|
| <input type="checkbox"/> Mailing | <input type="checkbox"/> Bike tours-arrows | <input type="checkbox"/> Publicity |
| <input type="checkbox"/> Telephoning | <input type="checkbox"/> Bike tours-foodstops | <input type="checkbox"/> Data entry |
| <input type="checkbox"/> TOSRV | <input type="checkbox"/> Office (weekdays) | <input type="checkbox"/> Computer support |
| <input type="checkbox"/> GOBA | <input type="checkbox"/> Publications | <input type="checkbox"/> Trip Leader (training provided)* _____ |
| <input type="checkbox"/> Bike tours - reg | | Activity? |
| <input type="checkbox"/> Bike tours - sag | | |

ACTIVITY INTERESTS

Circle "1" for primary interests and "2" for secondary interests. Circle "3" if you are willing to lead trips.

Backpacking	1 2 3	Downhill Skiing	1 2 3
Bicycling	1 2 3	Hiking	1 2 3
Mt. Biking	1 2 3	In-line Skate	1 2 3
Camping	1 2 3	Kayaking	1 2 3
Canoeing	1 2 3	Sea Kayak	1 2 3
Caving	1 2 3	Rafting	1 2 3
X-C Skiing	1 2 3	Rock Climb	1 2 3
		Other _____	1 2 3

MEMBERSHIP APPLICATION

YES! I want to become a member of Columbus Outdoor Pursuits. I understand I will receive a full 12-month membership and all other benefits of membership. Renewal Discount rates are only available within three months of current membership expiration date. The expiration month will remain the same.

- | | |
|---|----------|
| <input type="checkbox"/> Youth (15-17) | \$ 15.00 |
| <input type="checkbox"/> Adult New Member (18-54) | 30.00 |
| <input type="checkbox"/> Adult Renewal (w/in 3 months of last membership) | 25.00 |
| <input type="checkbox"/> Senior Citizen (55 & over) | 20.00 |
| <input type="checkbox"/> Family (2 or more people living in the same household) | 45.00 |
| <input type="checkbox"/> Family Renewal (w/in 3 months of last membership) | 35.00 |
| <input type="checkbox"/> Life | 300.00 |
| <input type="checkbox"/> Replacement Membership Card | 1.00 |

Total Amount Enclosed: \$ _____
 Make check payable to **Columbus Outdoor Pursuits**
 Mail to: **Columbus Outdoor Pursuits**
PO Box 14384
Columbus, OH 43214-0384

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Home Phone: (___) _____ Email Address: _____
 Birthdate: _____ Previous Membership #: _____



Remember to bring your current Columbus Outdoor Pursuits activity card to all trips and events.

Memberships may be obtained from the COP office by calling 614/442-7901, or via email, office@outdoor-pursuits.org.

If you have any questions about the Columbus Outdoor Pursuits trip program, contact the appropriate Activity Leader. If you have questions about a particular trip, call the leader listed with the trip. To maintain the high quality of all organization trips, you are encouraged to submit comments or suggestions, to the appropriate leader and participate in our numerous schools.

Need to renew?

Membership renewal notices for Columbus Outdoor Pursuits will be sent by the office. If you want to be a member of Columbus Outdoor Pursuits but your membership has expired and you haven't received a renewal notice, please fill out the membership application on the inside back cover of the newsletter and send it with a check made payable to *Columbus Outdoor Pursuits*.

Moving?

The Post Office will not forward Non-Profit rate mail.. Please send your new address to the Columbus Outdoor Pursuits office.

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Southwestern Colorado, The Switzerland of America
 Bridal Vail Townhouse, 3 Bedroom, 2 Full Baths
 Outstanding Mountain Views, Charming Alpine Town
 Less than 2 Miles to Ice Park, 1/4 Mile to Hot Springs
\$1,100 per week

<http://www.vacationrentals.com/vacation-rentals/143.html>
 937-620-0463 or greg_foy@msn.com



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 PERMIT 172

November 2005

What's inside

- Pacelines*
- New COP address*
- Response to Lance v. Greg*
- Activity Schedule*

Outdoor Source

Backpacking

Climbing

Kayaking

Hot Deal!

COP Members
 20% Off
 any 1 Regular Priced
 Item.*

*Limited to in-stock items only. Limit 1 coupon per customer. Excludes Kayaks. Expires 11/30/05

Exclusive!



COP Members
 \$1.00 Off
 any 1 SIGG
 Bottle with
 Coupon.*

*Limited to in-stock items only. Cannot be combined with any other coupon.

Limit 1 coupon per customer. Expires 11/30/05

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www.outdoorsource.biz

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