

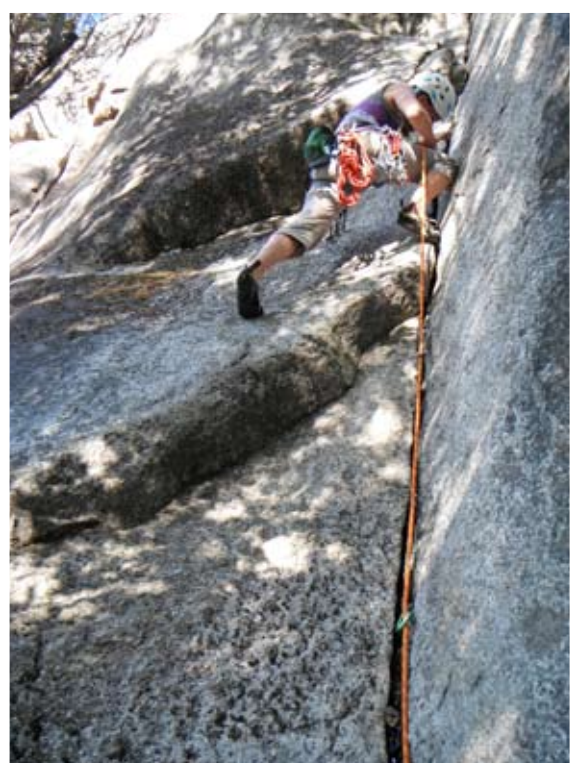
A monthly publication of Columbus Outdoor Pursuits

# COLUMBUS OUTDOORS

NOVEMBER 2011

[www.outdoor-pursuits.org](http://www.outdoor-pursuits.org)

VOLUME 51 No. II



*Columbus Outdoor Pursuits is a volunteer-based, participatory organization created to provide opportunities and education for outdoor recreation and activities*

TOSRV GOBA Bicycling Flat & Whitewater Boating Caving Rock Climbing Backpacking Skiing Hiking Education



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Tour of the Scioto River Valley: [www.tosrv.org](http://www.tosrv.org)  
 Great Ohio Bicycle Adventure: [www.goba.com](http://www.goba.com)

This newsletter is published monthly by Columbus Outdoor Pursuits as a benefit of membership. Columbus Outdoor Pursuits offers outdoor recreation, education, and inexpensive travel to all people, regardless of race, creed, or religion. Columbus Outdoor Pursuits is a non-profit, nonpolitical organization exclusively for charitable and educational purposes and is dedicated to providing outdoor education and recreation.

**MEMBERSHIP**

For membership information, contact the office at the phone number or email address shown above. Membership forms are also periodically printed in this newsletter and are also available on our website.

**ADVERTISING**

Commercial advertising is accepted. However, content must be "substantially related" to our mission. Your ad must be approved before it is submitted. Contact the Editor for more information.

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Columbus Outdoor Pursuits is on Facebook. Visit us at <http://www.facebook.com/pages/Columbus-Outdoor-Pursuits/180646418624358>. Come be a fan and get the latest news, trip reports and event information. See the fun our members are having and share with us your thoughts.

# Labor Day Yough Trip

*By Chris Russell*

With the promise of good weather, a small group of COP paddlers headed to the Lower Yough for an impromptu Labor Day paddle. Veteran boaters Larry Krall, Gina Schmidt and I were joined by recent Kayak II graduate Shawn Duffy. We rounded out the group with former Columbus resident and one time COP boater Mike Maloney along with two unsuspecting neophytes. Beyond fun and frivolity, Larry and I needed to reintroduce ourselves to paddling the whitewater tandem kayak and get some serious roll practice in. Water releases on the Gauley River would soon begin and we did not want a repeat of last year's crash, curse and swim fiascos.

Day 1: It all started so well. Larry and I in the tandem with Larry in the captain's seat. Mike and his neophyte friend were in yet another tandem. Gina and Shawn showing Larry's neophyte friend Baylee the easy and safe lines down the Class 3 Lower Yough in her inflatable kayak. The weather was perfect; Baylee's lines were not. Approaching each of the major rapids in the first section of the river, Baylee's eyes would stray from Gina and Shawn's safe lines and instead look at the looming dangers ahead. Common boating wisdom is to keep your eyes on where you want to go. Inexperienced boaters tend to look at what frightens them and insure themselves a better view of the danger and a dunking to boot. Larry, who had hitched a ride to the river with Baylee, came to the conclusion that his ride back to Columbus hinged on his friend finding another way down the river. Larry took the inflatable kayak and Baylee got a safe ride down the river with me in the tandem. So much for the tandem practice that Larry and I needed for the upcoming Gauley season.

Day 2: Baylee was safe and off the river. Gina and Shawn were ready for another day of adventure. Mike's friend had gone back to school and he

*Continued on page 3*



*Larry Krall working hard. Lower Yough. Labor Day Weekend 2011. Photo by Chris Russell.*

## Class/Event Information:

**Compass Class** - November 20th - Information and registration form in October issue, page 8. Online registration at [www.outdoor-pursuits.org](http://www.outdoor-pursuits.org).

Newsletters are available on the web at [www.outdoor-pursuits.org](http://www.outdoor-pursuits.org) or from the office, [office@outdoor-pursuits.org](mailto:office@outdoor-pursuits.org) or 614.442.7901

# cafe press



COP Logowear & other items are available online through Café Press. Please go to <http://www.cafepress.com/ColumbusOutdoorPursuits> and check it out.

*continued from page 2*

was paddling solo. Larry and I were finally going to get the tandem practice we needed. So we headed down river, surfed a few waves and made it easily through the first two rapids. Then the fun began. We decided to practice a roll in flatwater. Proper paddle placement, a hip snap with the head down and we would be up and breathing fresh air after flipping the boat over. So we gave it a go and all we managed to do was get wet and scare the fish. After several more attempts we also managed to point fingers and place blame. We are currently considering couples counseling. Our wives will probably endorse this plan.



## On The Cover:

*Photos of Kim Sackstetter climbing in British Columbia. All taken by Bob Lewinsky.*

*Left to right and top to bottom:*

*Kim Sackstetter on Pixie Corner, rated 5.8, Squamish BC.*

*Kim Sackstetter on Whats Left, rated 5.10a, Skaha BC.*

*Kim Sackstetter topping out on Octopus Garden, rated 5.7, Squamish BC.*

*Kim Sackstetter, Unknown, rated 5.3, Squamish BC.*

*Another view of Kim Sackstetter on Whats Left, rated 5.10a, Skaha BC.*

## What's Inside

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### SUBMISSION GUIDELINES

Newsletter submissions are always encouraged and welcome each month; however, all submission content must substantially relate to our mission. Submissions may be checked for spelling/minor errors and edited for space constraints; however, the Editor will NOT verify content and accuracy- double check your submissions before sending. The Editor may also make stylistic format changes (e.g., color, font, size, bolding, etc.) at her discretion. Additional guidelines for submissions follow and are published at [http://www.outdoor-pursuits.org/uploadeddocs/file/2010 Advertising Deadlines Rates Policy Sub Gdlns 20100203.php](http://www.outdoor-pursuits.org/uploadeddocs/file/2010%20Advertising%20Deadlines%20Rates%20Policy%20Sub%20Gdlns%20100203.php). **The Editor reserves the right to reject or postpone publication any item received after the posted deadline.**

#### GENERAL ARTICLES AND PHOTOS

These submissions must be received by the Editor by 11:59PM of the 5<sup>th</sup> day of the preceding month.

#### ACTIVITY SCHEDULE ITEMS

These submissions will only be accepted from either Activity Leaders or by appointed Schedule Coordinators for the activity, as listed below. **Schedule Items must be received by the Schedule Coordinator by 9:00PM of the 3rd day of the preceding month.**

<b>BACKPACKING</b>	Lisa Drugan	614/846-3749	<a href="mailto:backpacking@outdoor-pursuits.org">backpacking@outdoor-pursuits.org</a>
<b>BICYCLING</b>	Donna Bush	614/837-6744	<a href="mailto:bikenews@outdoor-pursuits.org">bikenews@outdoor-pursuits.org</a>
<b>BOATING</b>	Toni Hartley	614/523-3191	<a href="mailto:toni_hartley@hotmail.com">toni_hartley@hotmail.com</a> COP Boating as subject
<b>CAVING</b>	Position Available, contact COP President		
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<b>HIKING</b>	Pat Smith	614/443-5226	<a href="mailto:hiking@outdoor-pursuits.org">hiking@outdoor-pursuits.org</a>
<b>WINTER ACTIVITIES</b>	Glenn Beachy	614/268-4904	<a href="mailto:winter@outdoor-pursuits.org">winter@outdoor-pursuits.org</a>

#### CLASSIFIED ADS

Columbus Outdoor Pursuits members may place 2 classified ads/year of 60 words or less, free of charge. Please limit content to equipment buy/sell ads. Include your name and membership number when submitting your ad. Classified must be received by the Editor by 11:59PM of the 5<sup>th</sup> day of the preceding month.

#### COMMERCIAL ADS

Commercial advertising is accepted, but must be "substantially related" to our mission. Please contact the Editor for information on rates and approval of advertisement content. The deadline for advertisements and payment is the 5<sup>th</sup> day of the preceding month.

**SEND MATERIAL TO** (in order of preference)

**1 EMAIL** [editor@outdoor-pursuits.org](mailto:editor@outdoor-pursuits.org)

**2 MAIL** Columbus Outdoor Pursuits  
Attn: Newsletter  
1525 Bethel Road Suite 100  
Columbus, OH 43220

# Negotiating With Insurance Companies

By John Hebert

Although not completely extinct, the cost of litigation and the risk of sanctions for unreasonable behavior have made old time adjusters fairly rare. For example, insurers who believe their insured is liable often pay medical expenses before the claim is settled rather than risk accusations of bad faith.

From the adjuster's perspective, an accident presents three questions: first, is the insured liable? Second, how much harm did the insured cause? Finally, what is the cheapest way out? The victim must answer those questions and persuade the insurer his/her answer is correct. Persuasion requires trust which is generated by (a) taking plausible positions based on known facts, (b) supporting those positions with evidence (medical information, billing records, etc.) and (c) never misrepresenting a fact no matter how much one disagrees about its significance.

Liability typically turns on violation of Ohio's traffic laws. Because those rules apply to both motorists and cyclists, when an accident caused because both violated those laws, responsibility is apportioned between them: the party most at fault is liable; the victim's damages are reduced in proportion to his/her fault.

Successful negotiation begins with valuing the loss. Broadly speaking,

the loss includes medical expenses; pay lost during recuperation; repair or replacement of a bicycle and, if there were physical injuries, "pain and suffering." Medical expenses and lost pay are established by bills and pay-stubs, etc. Repair of a bicycle is established by written estimate.

There is no "Kelly Blue Book" for bicycles, making it difficult to value them for purposes of replacement or determining whether a repair estimate is reasonable. Because the cost of replacing a bike that retails for about \$1,200 or less is low compared to the cost of legal action, insurers will often value a bike at or near the cost of a new bicycle with essentially equivalent specifications. That makes manufacturer's catalogues that describe equipment in detail good sources of proof.

Custom bikes are harder to value. First, there is no catalogue. Second, most people have trouble believing anyone willingly pays \$3,000+ for a bicycle. Third, higher valuations tend to make disputes worthwhile. Finally, custom bikes tend to be heavily ridden with the result wear and tear can be significant. With a custom bike, determine the cost of the frame and components from catalogues and price lists, add labor for building it and, as appropriate, adjust for the impact of heavy use. A written opinion from a bike shop will help.

Pain and suffering is totally subjective. As a first approximation, use the cost of medical care and move that figure up or down depending on duration and severity: skinned knees aren't worth much; a month in a cast followed by six weeks of physical therapy is worth quite a bit.

Once everything has been valued, add it up. If you contributed to the accident, at least mentally reduce that figure to account for your responsibility. That sum, plus a written rationale for the subjective claims, is your initial offer.

In a simple case, negotiations may take no more than a single telephone call to the adjuster. More complex cases should probably begin with a demand letter that lays out the claim and includes at least some of the supporting evidence. In those cases, the adjuster will want a recorded statement. That statement is an opportunity to establish your credibility provided you prepare by reviewing the information and thinking through what you want to say and how you want to say it: never play word games.

*John Hebert, a 1975 graduate of the Ohio State University College of Law, is a member of the Worthington law firm of Blaugrund, Herbert, Kessler, Miller, Myers and Postalakis. His practice focuses on employment law, workers compensation defense, contract and commercial law with occasional forays into personal injury law.*

*Part one ran in the August issue, part two in October.*



## Riders Comment On Columbus Fall Challenge 2012

Thank you Columbus Outdoor Pursuits for this past weekend's Columbus Fall Challenge. This was a very well run, most enjoyable event. This ride was everything it was billed to be. Those were some of the most diabolical hills I've ever climbed in my entire life. I did not know it was possible to go as slow as I was going and yet not topple over -- an event I was fearful of on nearly every climb but thankfully somehow managed to avoid. Thanks to your fantastic volunteers who met and served as at the well stocked rest stops and to Dave Baer who stood out there in the cold and rain and happily attended to our various mechanical ailments. They

were great.

Thanks again!

*Howard J. Bar, Bethesda, MD*

Hello,

Please pass this on to the organizer(s) of this year's Columbus Fall Challenge.

This was my first CFC and I want to thank you for such a well organized event. The volunteers were exceptionally friendly, the course was very challenging, and we were very well fed. Even the cold rain on Sunday could not dampen my spirits. It was a great time. My second day did not go as well when a little over

ten miles into the day, my right knee started bothering me. By the first break area I was in a lot of pain and knew I would cause damage to myself if I continued. Volunteers got me lined up with a ride to the lunch stop with the SAG vehicle driven by Don (forgive me if I have the name wrong) who was great company. He then found me a ride the rest of the way from there. This was the first time I've ever had to abandon a ride and I don't like to be beaten. So I'll be back. That first day was too much fun.

Thanks again for a job well done by all involved.

*Jerry King*

# Do You Have What It Takes?

## Requirements for COP Leaders



- Be a member of COP
- Support the mission of COP
- Have the appropriate skill level for the activity
- Read the Trip Leaders Manual
- Be trained in first aid to the degree appropriate to the activity or have someone on the trip that is
- Have a signed Liability Release from each participant and turn it in to COP within 30 days of the trip
- Use the Incident Report Form when needed & send to Risk Manager within 7 days
- Do not accept or place guilt at time of occurrence
- Follow up with injured participants, and use the Occurrence Follow-up Form
- Ensure that all participants are equipped with the necessary safety gear/equipment as described in the Activity Guidelines
- Leaders are expected to implement safety guidelines, including safety gear use, as specified in the Trip Leaders Manual, Chapter 4 safety guidelines.
- All COP Leaders and Instructors are expected to teach/model principles espoused by Leave No Trace®, consistent with circumstances.
- Meet specific Activity leadership requirements if they exist
- All leaders must be approved by their Activity Leaders and must have minimum activity-oriented leader training including the Risk Management and paperwork sections of the Trip Leaders Manual. Leaders of extended trips must attend the full Leader Training offered by the COP Office unless exempted by the Board.

The next scheduled leader training class is Saturday, December 3. See the Meetings/classes section of the Activity Schedule in this issue.



*Ann Gerckens talking risk management at the Bike Leader Training held February 25, 2011. The class was held at the Consider Biking office. Photo by Gordon Renkes.*

## Old Addresses Die Hard.

**Please recycle any paperwork you have that has a post office box for COP.** We closed that box years ago, and address forwarding service options offered by the Postal Service ran out years ago.

The correct address is:

Columbus Outdoor Pursuits  
1525 Bethel Road, Suite 100  
Columbus Ohio 43220-2054

Anything sent to the post office box ends up in the Dead Letter Office and is unretrievable by COP, even though the USPS knows where to find us.

*Paid Advertisement*

## ATTENTION LEADERS!

The latest edition of the COP Trip Leaders Manual is now posted on our website. You will find it at:

<https://outdoor-pursuits.org/leadershiptraining.php>

Or, from the homepage, go to About COP, then Leadership Training.

## 11th Annual Bicyclist Christmas Dinner at Dutch Kitchen Wednesday Dec. 7th, 2011

Join your cycling friends at the Dutch Kitchen. Come and view the exhibits at 5 pm. Buffet Dinner at 6:15 pm. Bring your wife, husband, kids and friends.

Cost of the Buffet: \$15.00/adult & \$7.50/child under 13  
(Tax and Tip included)



*Sunrise over the cornfields.*



*Ben Slay & Al Moore.*



*Riders headed to the Millersport Corn Festival, September 2011.*

## Millersport Corn Festival Ride

*Story and photos by Janice "JET" Thomas.*

Eighty-eight people survived 97 degree heat on the hottest day of the year to do this ride. This was the most difficult challenge to mark the roads I have ever had. I think they tried to mess up my whole route. I took different roads because of this. They had loose gravel signs on roads that never were chip and sealed. The roads that didn't have signs were the ones they did the work. It took Ben Slay and I four days to do it because they covered my markings and we had to go back and put them down again. I want to give a BIG thanks to Ben. I couldn't have done it without him. We even had two "JET's" on this ride. Yes, my brother Jim "JET" Thompson rode it too with his friends.

This is the last year for me to do this ride since I have been doing it since 1996. If anyone would like to take it over, please contact Suzanne Birk, COP Bicycling Activity Leader. Thanks again for everyone who has ridden this ride. It's been fun.



*Jim "JET" Thompson.*



*Bob Belz, Robbie Roberson, JET, Dave Roderick, Tim Faigley, Bob Allen and Dick Seebode.*



# Bicycling

Suzanne Birk 614/581-4316 bicycling@outdoor-pursuits.org

**STARTING TIMES:** Times listed indicate when the ride rolls out of the parking area. Please arrive early enough to depart at the prescribed time. Note that rides are listed in three categories below:

- Weekly Recurring Group Rides Listed by Day of Week
- One Time Group Rides Listed by Date
- Annual Budget & Special Tours Listed by Date

**One time rides:**

## FAT BURNER FRIDAY

FRIDAY, NOVEMBER 25 10:00AM CLASS A,B,C+, 0, 20, 35, 50 mile routes

Choose your distance DOW, brunch always available.

A and B riders on their own (maps provided), leader will sweep at C+.

Meet at the SE corner of Kroger parking lot at the junction of Routes US 36 and OH 3 Sunbury.

Dick Seebode 740/201-3312

**Weekly rides beginning with Monday:**

## PATASKALA TUESDAY MORNING RIDE

9AM, LAST RIDE NOV 22

Class C. Pataskala. Average speed is 13MPH. No one dropped - we stick together.

Faster riders welcome if they are willing to regroup regularly. Cycle scenic rural roads, eat, socialize, 30+

SCHEDULE SUBMISSION INFORMATION  
CAN BE FOUND ON PAGE 3

miles.

Meet in Pataskala, west end of parking lot by RR tracks, Rt. 310 (Main St), 4 miles N of I-70, 1/2 mile S of Rt. 16.

Steve Gassman, sgassman AT columbus.rr.com 614/309-7421

Ben Slay, benslay AT hotmail.com 614/920-3659  
Dick Seebode 740/201-3312

## CANAL WINCHESTER TUESDAY SPIN CLASS:

Tuesdays Starting November 13th through March 13th 6:30 PM Class A,B,C,D.

No more sunshine after work? Not getting your miles in?

Winter doldrums got you down? Keep your legs moving with Spinning.

This year class (Starting Nov 13th) will be mostly instructor lead featuring Rolling Paceline,

Theme nights and new music. Bring your trainer and your bike (loaner trainers available on first come

first serve basis). Meet at Cyclist Connection Bicycle Shop; 200 Cemetery Road; Canal Winchester.

Follow Route 33 east and exit at Gender Road/Rt. 674. Turn right; then left at the traffic light onto Waterloo Road.

Drive past the WalMart and turn left onto Win-Cemetery Road.



Activity

SCHEDULE

### COP RIDER GUIDELINES

Please review these guidelines if you are new to COP rides. By choosing the correct pace and arriving prepared, you will help ensure our rides are as safe and fun as possible for everyone.

#### SAFETY

A CPSC, ASTM, or SNELL approved helmet is required on all COP rides. Other recommended safety items include a rear-view mirror, a rear flasher, and bright, visible clothing. Cyclists under age 18 must have written permission and the liability waiver release signed by a parent or guardian. For safety reasons, children two and under are not permitted on COP rides. Please respect the laws of the road and rights of other road users.

#### PACE

All COP bicycle tours are "open" paced events, with maps and road markers provided; however, the tour organizer does not specifically accompany the riders. COP day rides have designated leader(s) at one or more paces, and only maps are provided. The ride leader will accompany the group in the manner that best supports the entire group, not an individual rider. COP highly recommends that you contact the ride leader if you have any questions about the ride/tour.

Pace classes are intended to give a rough idea of the common "riding" speed of the group, rather than the average speed. Completing a century ride (100) miles in 5 hours indicates a mathematical average of 20 mph, but the common riding speed to required to complete this ride in 5 hours can easily be in the mid-20s. Variables such as wind, hills and time off the bike can greatly detract from an average, as it is a time-based figure. The speeds listed to the right refer to common "riding" speeds.

**A** 19-23 MPH: our fastest pace. Licensed racers frequently attend these rides, which might be listed as A+ rides in this schedule. Be prepared to maintain this pace over 30-50 miles on a weeknight ride, and 60-100 on a weekends. Stops typically are few and short. Average speeds can be over 20 mph.

**B** 16-19 MPH: a fast recreational clip. The ride distances will be somewhat lower than the "A" group, and the stops can be longer and more frequent. Opportunities for regrouping will be more frequent.

**C** 13-16 MPH: an enthusiastic pace. Many of our longer-distance riders ride in this pace range. The mood will be less competitive and more social. Groups will tend to stay together more, but the riding will still be consistent. The routes often avoid the hilliest options.

**D** 10-13 MPH: a very social pace. Riders can be experienced, or fairly new, but are usually familiar with the basics of cycling on the open road and in groups. Distances are modest, and often a meal stop or sight-seeing is involved.

**NR:** no designated speed. These rides are specifically oriented around introducing new riders to the sport. The pace will be dictated by those who attend, and often these rides are intended as an introduction to cycling. NR rides can use bike paths or roadways.

**DOWR:** Depending On Weather and Riders, usually for winter rides. This note in any ride listing indicates an "open" condition, and will usually be included with a pace class. The leader may choose to leave the pace, distance, and destination to be decided by the group, so maps may not be included for these impromptu rides.



Roy Burnham roy AT burnhamfamily.net  
Ric Noland ric AT cyclistconnection.com



### WEDNESDAY MORNING RIDE WORTHINGTON.

All Year 9AM Promptly.  
Class C,D. Meet at Worthington Hills Park on SR315. One mile north of I-270. South end of the Olentangy Valley Shopping Center (former Worthington Hills Shopping Center). One mile north of Wilson Bridge Rd. This is the new north end of the Olentangy River Bike Path. Restaurant destination will be determined day of ride. Bring money for lunch. Approximately 25 mile ride. New and beginning riders welcome. We meet for breakfast, if we can't ride due to weather.

Gail Falkenburg, 614/861-4478

### DELAWARE COUNTY FRIDAY MORNING RIDE:

Fridays, 9AM, LAST RIDE NOV 11  
Class C,D. Bike Delaware County. A social ride. Explore NE Delaware County. Target 35-40 miles, 13-14 MPH, brunch always, ride DOW. Faster riders are expected to stop periodically to regroup; no one dropped. Meet at 8:45AM, northern mountain bike parking on Africa Road, 100 FEET NORTH OF CHESHIRE ROAD. Co-leaders needed, VOLUNTEER!!

Ben Slay, 614/920 3659 benslay AT hotmail.com  
Dick Seebode, 740/201 3312

### CANAL WINCHESTER SATURDAY MORNING RIDE

Saturdays 9 AM Class A,B.  
Ride distances from 40-50 miles through beautiful Fairfield & Pickaway Counties.  
The ride will take place if daytime high is 40+ and starting temperature is near 30.

Meet at Cyclist Connection Bicycle Shop; 200 Cemetery Road; Canal Winchester.

Follow Route 33 east and exit at Gender Road/Rt. 674. Turn right; then left at the traffic light onto Waterloo Road.

Drive past the WalMart and turn left onto Win-Cemetery Road.

Bob Allen at rdavisallen AT earthlink.net

### CANAL WINCHESTER SUNDAY MORNING RIDE:(NEW TIME)

Sundays 9AM Class A,B.  
Please note start time is now 9AM. Ride distances from 40-60 miles thru beautiful Fairfield County.

Meet at Cyclist Connection Bicycle Shop; 200 Cemetery Road; Canal Winchester.

Follow Route 33 east and exit at Gender Road/Rt. 674. Turn right; then left at the traffic light onto Waterloo Road.

Drive past the WalMart and turn left onto Win-Cemetery Road. Rotating

Leaders: Bob Allen, Brad Blair, Steve Hewitt, Ric Noland  
Tim Faigley tcfagley AT att.net

### DUBLIN NORTHWEST WINTER SUNDAY RIDE:

November 6th, 13th, 20th No ride week of Thanksgiving,

Dec 4th, 11th, 18th, 9:30 am

Class A,B, Dublin Avery park. Based on routes by Steve Barbour,

Maps Provided, routes change weekly. Check <http://Bikerdudesworld.blogspot.com> for updates and ride cancellations if weather is in question.

From 270, take 161/33 exit west to Avery Muirfield Road exit. Turn right (north) on Avery.

Continue on Avery thorough roundabout and take left to remain on Avery. Park will be on left about 1 mile.

Park at south Parking lot. For map check out <http://local.yahoo.com/info-24441325-avery-park-dublin>.  
Roy Burnham 614/735-6420 roy AT burnhamfamily.net  
Bill Gordon, 614/370-9121 bgordon AT columbusoh.nef.com

Scott Danhof, 614/315-1581 sdanhof AT sdanhof@columbus.rr.com



## Backpacking

Lisa Drugan 614/846-3749 [backpacking@outdoor-pursuits.org](mailto:backpacking@outdoor-pursuits.org)

### TAR HOLLOW STATE FOREST - LOGAN BACK- PACK TRAIL - OHIO

November 11 - 13, 2011 (2 nights and 3 days) (intermediate)

We'll hike the 8.9-mile north loop, and 8.4-mile south loop with an optional 2.0-mile out-and-back side trail to Camp Dulen. Water is available in Tar Hollow State Park and there are numerous streams throughout the forest. Trip leaves Friday at 7:30 am and returns Sunday evening. Approximately 20 miles.

If interested; e-mail [ldrugan@insight.rr.com](mailto:ldrugan@insight.rr.com) no sooner than 30 days prior to trip.

### MAP AND COMPASS CLASS

Sunday; November 20 10am to 6pm  
See entry under Hiking.

### GENEVA STATE PARK - OHIO

December 3, 2011 - (Overnighter)

Trip leaves Saturday at 7:30 am and returns Sunday evening. We'll hike/cross country ski approximately 6 - 8 miles a day.

If interested, e-mail [ldrugan@insight.rr.com](mailto:ldrugan@insight.rr.com) no sooner than 30 days prior to trip.



SCHEDULE

Activity



# Hiking/Trail Running

Pat Smith 614/443-5226 [hiking@outdoor-pursuits.org](mailto:hiking@outdoor-pursuits.org)

## COLUMBUS ART WALK OSU DISTRICT

Sunday November 6, 2:00 PM

Meet at the Whetstone Recreation Center back parking lot at the Columbus Community Center. Walk/hike 3-5 miles.

Leader Jack Kyle 614/325.0208

## MAP AND COMPASS CLASS

Sunday, November 20, 10am to 6pm

Don't wait until you are tearing around the woods wild eyed! Learn to use a map and a compass while you are warm; fed and found. We'll cover the basics of topo maps in the warmth of the COP office, then drive to Camp Lazarus to spend the afternoon outdoors working with our compasses. We will not cover gps use.

Bring a sack lunch; trail snack and water. You will not have time to go out for lunch. Dress for the weather.

Cost: \$15 for members & Boy Scouts, \$25 for non-members.

To register: use the form on page 8 of the October newsletter, or login to [www.outdoor-pursuits.org](http://www.outdoor-pursuits.org) and go to event registration.

Ann Gerckens [volunteer\\_ann@sbcglobal.net](mailto:volunteer_ann@sbcglobal.net) (preferred) or leave a message at 614/282-2781

## MOHICAN STATE PARK

Saturday, November 19, 10am

3116 State Route 3

Loudonville, Ohio 44842

Join us for a 10-14 mile walk in the beautiful hilly terrain at Mohican State Park.

Meet at Tim Hortons parking lot in Westerville at intersection Rt.3 and Maxtown Rd.

Please wear comfortable hiking shoes, weather appropriate clothing, bring plenty of water and sack lunch/snacks.

Contact Suzanne Birk to confirm that you are going at 614/581-4316

## GREAT SEAL STATE PARK

Sunday, November 27, 10 AM

Meet at the shelter house. Plan on 6-8 miles. Bring lunch; water and be ready for weather changes. This hike has some hills which are moderate to difficult and the trail can be very muddy in spots.

John Lunn 740/969-4836

## DAWES ARBORETUM – NEWARK

Saturday, December 10, 10:00 AM

Come out and work off some of those holiday calories. We will hike approximately 6 miles in this beautiful arboretum. From Columbus; take I-70 East to St. Rt. 13 Exit. Take St. Rt. 13 North (left)

for approximately 4 miles to the park entrance on the left. Meet at the main parking lot next to the Visitor Center.

Please call or e-mail me if you plan to attend or if you have any other questions.

Charlene Schaffner 740/927-8582 [charlene@hmstamps.com](mailto:charlene@hmstamps.com)

## CLEAR CREEK METRO PARK

Sunday, December 11, 10 AM

Meet at first parking lot west of SR33. Bring lunch, water and dress for the weather. Hike 8-10 miles over moderately hilly terrain.

John Lunn 740/969-4836

## HIGH BANKS METRO PARK

Saturday December 17, 1pm-ish

Meet at the Visitors Center for an afternoon to walk 4-6 miles at a relaxed pace. Loaded backpacks encouraged.

Ann Gerckens [volunteer\\_ann@sbcglobal.net](mailto:volunteer_ann@sbcglobal.net) 614/282-2781



## Meetings, Classes, etc.

### BOARD RETREAT

Saturday, November 5, 2011 8:30am

We'll be at the James E Bradley Center at Infirmary Mound Park, Newark. All are welcome, however, if you have business to bring before the Board you need to contact the President one week in advance to get on the agenda.

Dave Seslar 614/334-9352 [president@outdoor-pursuits.org](mailto:president@outdoor-pursuits.org)

### NOVEMBER PROGRAM MEETING

Tuesday, November 15th 7pm

At the COP Office, 1525 Bethel Road, west side door and downstairs. Your chance to learn about cross-country skiing and snowshoeing with Columbus Outdoor Pursuits and to meet other members interested in those activities. Light refreshments and socializing before and after the meeting

Glenn Beachy [winter@outdoor-pursuits.org](mailto:winter@outdoor-pursuits.org), 614/268-4904

### LEADER TRAINING

Saturday December 3rd 10am to 6pm

COP Leader Trainings include all six modules-Risk Management, Paperwork & COP Policies, Trip Planning, Participant Screening and Leadership. Cost is \$15 for the day and includes lunch.

To register: contact the COP Office, [office@outdoor-pursuits.org](mailto:office@outdoor-pursuits.org) or 614/442-7901

**THERE WILL BE NO BOARD MEETING IN DECEMBER.**

**THERE WILL BE NO PROGRAM MEETING IN DECEMBER.**



Activity

SCHEDULE



# Winter Activities

Glenn Beachy 614/268-4904 winter@outdoor-pursuits.org

## NOVEMBER PROGRAM MEETING

Tuesday, November 15th 7pm

At the COP Office; 1525 Bethel Road, west side door and downstairs. Your chance to learn about cross-country skiing and snowshoeing with Columbus Outdoor Pursuits and to meet other members interested in those activities. Light refreshments and socializing before and after the meeting

Glenn Beachy winter@outdoor-pursuits.org, 614/268-4904

## WILDERNESS LODGE ANNUAL WINTER GETAWAY – WATTSBURG, PA

Fri Jan 20 to Sun Jan 22, 2012

Join us for a relaxing or active weekend. XC ski or snowshoe (DOW); day hike, meet new friends or catch up with old ones; read a book by the fire and enjoy a home-cooked meal. Cost: \$90 -members: \$105-non-members covers two nights lodging and Sat dinner. A \$40 fee per person is added if you request and receive a private room for two. They are limited. Trail passes and ski rentals, available on site, are extra. A deposit of \$50 in a check made out to COP and mailed to Terry Smith 248 Rathbone Rd. Columbus, OH 43214 is required to hold your reservation. Please include your email address, phone number and COP membership number(s). Deposits are forfeited for cancellations after Jan 9. A waiting list will be kept in order by date deposits are received.

Find out more about Wilderness Lodge at www.thewildernesslodge.net.

Contact Terry preferably by email at tandvsmith@yahoo.com or phone 614-396-6500.

## IMPROMPTU WINTER ACTIVITIES

When the snow falls give us a call for x-c skiing or snowshoeing. Rentals and instruction available. A few potential destinations: Glacier Ridge, Highbanks, Prairie Oaks, Battelle-Darby, or Blendon Woods Metro Parks, Lodbell Reserve in Licking County, Deer Creek State Park, Malabar Farm State Park or Cuyahoga Valley National Park. Contact Glenn Beachy email gbeachy2000@yahoo.com or 614-268-4904 or Terry Smith madisonlake@columbus.rr.com or 614-396-6500

### COP HAS CROSS-COUNTRY SKIS AND SNOWSHOES FOR RENT.

Members only, unless you are on a COP trip. Costs \$8/day for skis, boots and poles. \$6/day snowshoes and poles. No excuses, get out there!

Contact Glenn Beachy at 614/563-1146 or beachy2000@yahoo.com.

Equipment will be unavailable Jan 20-22.

SCHEDULE SUBMISSION INFORMATION  
CAN BE FOUND ON PAGE 3



## Boating

Walt Taylor 614/ 519-8633 boating@outdoor-pursuits.org

No trips were submitted for this issue.



## Climbing

Karen Reinhart 614/288- 9658 climbing@outdoor-pursuits.org

### WALL SESSIONS

Every Wednesday except the night before Thanksgiving  
7:00-9:00 pm

At the COP Climbing Wall. Experienced Climbers and Beginners Welcome. Cost \$7.00 per session.

Contact Karen Reinhart for details. 614-288-9658



Kim Sacksteder climbing Bilbo Baggins, rated 5.9, Squamish BC. 2011.  
Photo by Bob Lewinsky.

### NEED A PACK OR TENT?

COP has a small selection of backpacks, cooksets & tents available for rent to members or people participating in COP activities.

Contact the Backpacking Activity Leader, Lisa Drugan 617/846-3749 or backpack@outdoor-pursuits.org.

Activity

SCHEDULE

## WHY JOIN COLUMBUS OUTDOOR PURSUITS?

- Choose from an extensive schedule of activities year-round.
- Receive this monthly newsletter, filled with trips, events, and articles.
- Learn by doing in workshops on canoeing, bicycle maintenance, rock climbing, backpacking, wilderness first-aid, leadership skills, and more.
- Develop your leadership and organizational skills with volunteer opportunities.
- Take advantage of low-cost outdoor equipment rentals for members
- Make new friends who share your interests and have fun.

### VOLUNTEER!

Columbus Outdoor Pursuits success results from the willingness of many people to donate their time. We expect that all our members will pitch in. Please check off the items below where you will help.

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> TOSRV             | <input type="checkbox"/> Bike tours-foodstops | <input type="checkbox"/> Computer support                 |
| <input type="checkbox"/> GOBA              | <input type="checkbox"/> Bike tours - reg     | <input type="checkbox"/> Publications                     |
| <input type="checkbox"/> XOBA              | <input type="checkbox"/> Bike tours-arrows    | <input type="checkbox"/> Trip Leader (training provided)* |
| <input type="checkbox"/> Office (weekdays) | <input type="checkbox"/> Bike tours - sag     | Activity? _____   |
| <input type="checkbox"/> Publicity         | <input type="checkbox"/> Mailing              |   |
| <input type="checkbox"/> Data entry        | <input type="checkbox"/> Telephoning          |   |

### ACTIVITY INTERESTS

Circle "1" for primary interests and "2" for secondary interests. Circle "3" if you are willing to lead trips.

- |                  |                     |                  |
|------------------|---------------------|------------------|
| Backpackin 1 2 3 | Caving 1 2 3        | Sea Kayak 1 2 3  |
| Bicycling 1 2 3  | X-C Skiing 1 2 3    | Rafting 1 2 3    |
| Mt. Biking 1 2 3 | Hiking 1 2 3        | Rock Climb 1 2 3 |
| Camping 1 2 3    | Trail Running 1 2 3 | Other _____      |
| Canoeing 1 2 3   | Kayaking 1 2 3      |                  |

How did you find out about COP? \_\_\_\_\_

## MEMBERSHIP APPLICATION

**YES! I want to become a member of Columbus Outdoor Pursuits. I understand I will receive a full 12-month membership and all other benefits of membership. The Renewal Discount Rates are only available within three months of the current membership's expiration date. The expiration month on the renewal will remain the same.**

- |   |   |
|---|---|
| <input type="checkbox"/> Youth (15-17)                | \$ 15.00                                      |
| <input type="checkbox"/> Adult New Member (18-54)     | \$ 30.00                                      |
| <input type="checkbox"/> Adult Renewal                | \$ 25.00 (w/in 3 months of last membership)   |
| <input type="checkbox"/> Senior Citizen (55 & over)   | \$ 20.00                                      |
| <input type="checkbox"/> Family                       | \$ 45.00 (2 or more people in same household) |
| <input type="checkbox"/> Family Renewal               | \$ 35.00 (w/in 3 months of last membership)   |
| <input type="checkbox"/> Life                         | \$300.00                                      |
| <input type="checkbox"/> Replace lost Membership Card | \$2.00  |

**Total Amount Enclosed:** \$ \_\_\_\_\_

- Save trees & postage by not sending me a newsletter. I'll get it from the web.

Make check payable to: Columbus Outdoor Pursuits

Mail to: **Columbus Outdoor Pursuits**  
1525 Bethel Rd Suite 100  
Columbus, OH 43220-2054

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Email Address: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Previous Membership #: \_\_\_\_\_

## Classifieds:

As a benefit of membership, 2 classified ads per year of 60 words or less are free of charge. Please limit content to equipment buy/sell ads. Non-members cannot place ads. Please include your membership number when submitting a classified.

### FOR SALE:

HB Glacier Ice Ax. 75cm, black. Used only for training classes. \$50.

Ann at volunteer\_ann AT yahoo.com

### FOR SALE:

Dagger Ultrafuge \$200 Type-Playboat Length-7'7" Width-24.5" Volume-50 gallons Weight-36 lbs. Paddler Weight-90 to 150 lbs.

Call 614/ 557-8723 or email ggs455 AT aol.com

### FOR SALE:

Pyranha I:3 221 \$250 Type-River Runner Length-7'3" Width 24" Volume-47 gallons Weight-33 lbs. Paddler Weight-99 to 187 lbs.

Call 614/ 557-8723 or email ggs455 AT aol.com

### FOR SALE:

Perception Sundance kayak & paddle for sale. Kayak is roughly 9.5 feet long & red in color. Paddle was purchased separately so is high quality. The size & weight make this a great kayak for maneuverability & handling of almost anyone. It's about 35lbs I love this kayak & am only selling due to being out of work. \$300.00 firm.

Contact me via my cell  
614/426-3722, Diana

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## D&D Outfitters

Cincinnati's Largest Canoe & Kayak Dealer

In business for over 17 years

We-no-nah ♦ Bell ♦ Michicraft  
Perception ♦ Dagger ♦ Current Designs ♦ Riot  
Ocean Kayak ♦ Necky ♦ P&H

Corner of Sharon & Southland

Cincinnati, OH 45241

(513) 674-7400

www.ddoutfitters.com

## Remember to bring your current Columbus Outdoor Pursuits activity card to all trips & events.

Memberships may be obtained from the club office by calling 614/ 442-7901, or via email, office@outdoor-pursuits.org.

If you have any questions about the Columbus Outdoor Pursuits trip program, contact the appropriate Activity Leader. If you have questions about a particular trip, call the leader listed with the trip. To maintain the high quality of all club trips, you are encouraged to submit comments or suggestions, to the appropriate leader and participate in our numerous schools.

### Need to renew?

Membership renewal notices for Columbus Outdoor Pursuits will be sent by the office. If you want to be a member of Columbus Outdoor Pursuits but your membership has expired and you haven't received a renewal notice, please fill out the membership application on the inside back cover of the newsletter and send it with a check made payable to Columbus Outdoor Pursuits.

### Moving?

The Post Office will not forward Non-Profit Rate mail. Please send your new address to the Columbus Outdoor Pursuits office at:

1525 Bethel Rd, Ste 100,  
Columbus, OH 43220-2054

November 2011



**Columbus Outdoor Pursuits**

1525 Bethel Rd Ste 100  
Columbus OH 43220-2054

Address Service Requested

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COLUMBUS, OH  
PERMIT 172

*Paid Advertisement*



# Outdoor Source™

WHERE ADVENTURE BEGINS

november 2011

## ADVENTURES START HERE

The days are getting shorter and the weather is getting cooler but that's no excuse not to get out and play!

Stop in and let our friendly and knowledgeable sales staff help you get prepared for that next adventure.

We have the best selection of gear and clothing from Arc'Teryx, Marmot, Mountain Hardwear, Patagonia, The North Face and now Rab.

### events

11/9:	Intro to Mountaineering	Westerville	6 - 7pm	\$5
11/30:	Backcountry Cooking	Westerville	6 - 7pm	\$10

Please visit our website for further clinic and trip information.

COP Members save 10%\*

\*Must have COP card. Cannot be combined with any other discount. Excludes kayaks/paddleboards.

Columbus: 3124 Tremont Rd. 43221 614.457.3620 M-F 10-8 Sat. 10-6 Sun. 12-5

Westerville: 5969 Sunbury Rd. 43081 614.818.3620 M-F 10-8 Sat. 10-6 Sun. 12-5

[www.theoutdoorsource.com](http://www.theoutdoorsource.com)